UCSF Osher Mini-Medical School for the Public

Presents

Diabetes

MLL19012

Wednesdays, Feb. 13 – Mar. 27, 2019
7:00pm – 8:30pm
UCSF’s Parnassus Campus

Maureen McGrath, MS, PNP-BC, BC-ADM (Co-chair)
and
Theresa Garnero, APRN, BC-ADM, MSN, CDE (Co-chair)

University of California, San Francisco

Course Description

According to the National Diabetes Statistics Report of 2017, 9.4% of the U.S. population has diabetes – that’s over 30 million people. It’s likely someone close to you is living with diabetes. Do you have the most current information? The expert UCSF faculty will cover diabetes from basics to advanced concepts, providing an overview of the disease, including treatment and new medications, what to eat, emotional aspects, and how language and daily behaviors impact diabetes care. The course also includes a hands-on workshop on technology used to help keep people with diabetes safe.

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<tr>
<th>Date</th>
<th>Title</th>
<th>Speaker(s)</th>
<th>Location</th>
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| 2/13/2019| Overview Prediabetes, T2                 | Umesh Masharani, MBBS  
Professor of Clinical Medicine  
Endocrinologist, UCSF        | N-225 School of Nursing Bldg. (Parnassus) |
|          | Overview T1                              | Maureen McGrath, MS, PNP-BC, BC-ADM  
Associate Professor  
Department of Family Health Care Nursing  
School of Nursing, UCSF |                |
| 2/20/19  | What is new in diabetes orals?  
Non-insulin injectables?      | Lisa Kroon, Pharm D, CDE, FAPhA  
Chair, Clinical Pharmacy  
Professor of Clinical Pharmacy, UCSF | N-225 School of Nursing Bldg. (Parnassus) |
|          | The Basics of Insulin                   | Sarah Kim, MD  
Associate Professor  
Endocrinology & Metabolism  
School of Medicine, UCSF     |                |
| 2/27/2019| What to Eat: Nutrition Insights for People with Diabetes | Sheri Shafer, RD, CDE  
Sr. Registered Dietitian and Certified Diabetes Educator  
Diabetes Teaching Center, UCSF | N-225 School of Nursing Bldg. (Parnassus) |
# LECTURE SCHEDULE

**UCSF School of Nursing Building (Parnassus Campus)**

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<th>Date</th>
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<tr>
<td>3/6/19</td>
<td>NO SESSION THIS WEEK</td>
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<tr>
<td>3/13/19</td>
<td>An overview of the Latest Technology Used with Diabetes.</td>
<td><strong>Aaron Neinstein, MD</strong>&lt;br&gt;Assistant Professor of Medicine&lt;br&gt;Director of Clinical Informatics&lt;br&gt;Endocrinologist, UCSF</td>
<td>N-225 School of Nursing Bldg. (Parnassus)</td>
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<td>Diabetes Technology: A Show and Tell</td>
<td><strong>Marlene Bedrich, RN, MS, BC-ADM, CDE</strong>&lt;br&gt;Diabetes Educator&lt;br&gt;Diabetes Teaching Center, UCSF</td>
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<td>3/20/19</td>
<td>Words Matter: Speaking the Language of Diabetes</td>
<td><strong>Maureen McGrath, MS, PNP-BC, BC-ADM</strong>&lt;br&gt;Associate Professor&lt;br&gt;Department of Family Health Care Nursing&lt;br&gt;School of Nursing, UCSF</td>
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<td>The 8 Keys to Living a Healthy Life with Diabetes</td>
<td><strong>Theresa Garnero, APRN, BC-ADM, MSN, CDE</strong>&lt;br&gt;Instructional Designer Specialist&lt;br&gt;Online Diabetes Certificate Program&lt;br&gt;Department of Family Health Care Nursing&lt;br&gt;School of Nursing, UCSF</td>
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<td>3/27/19</td>
<td>The Emotional Side of Diabetes</td>
<td><strong>Lawrence Fisher, PhD, ABPP</strong>&lt;br&gt;Professor&lt;br&gt;Family Community Medicine, UCSF</td>
<td>N-225 School of Nursing Bldg. (Parnassus)</td>
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