

FOR FURTHER INFORMATION, THE SCHEDULE, AND TO REGISTER ONLINE:

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UCSFOsherMiniMedSchool OsherMiniMed



All courses VIRTUAL for Winter 2022

Cancer Today: Same Disease, New Hope



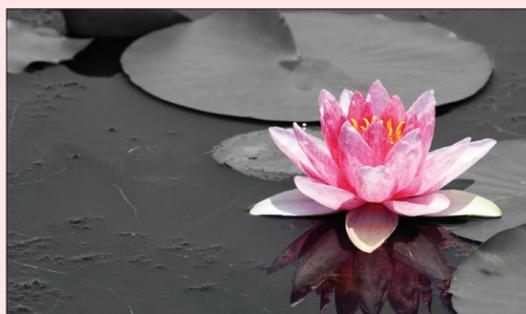
Tuesday evenings
February 22 - March 29
7:00 – 8:30 pm
Live Streamed

COURSE CHAIR Sam Brondfeld, MD, MAEd
Assistant Clinical Professor, Hospital-Based Oncology Program,
Department of Medicine, Division of Hematology/Oncology
Chief, Moffitt-Long Inpatient Oncology Consult Service
Preceptorship Co-Director, Clinical Microsystems Clerkship
Associate Course Director, Foundational Sciences in
Foundations, University of California, San Francisco

Cancer has been around for as long as we have. And yet, the landscape of cancer today looks very different than in years past. In this course, you'll learn about the causes, prevention, diagnosis, and treatment of cancer, as well as the latest developments offering new hope to those afflicted by cancer. In this course, you will learn from leading scientists and world-renowned oncologists. By the end of the course, you will become familiar with the terminology of cancer, the testing used in cancer including new molecular testing, and the wide array of cancer treatments available today.

- 2/22: **What is Cancer?**
Shagun Arora, MD • Sam Brondfeld, MD, MAEd
- 3/1: **What causes Cancer?**
Katherine Hyland, PhD • Sam Brondfeld, MD, MAEd
- 3/8: **How is Cancer Diagnosed?**
Shagun Arora, MD • Sam Brondfeld, MD, MAEd
- 3/15: **How is Cancer Treated?**
Shagun Arora, MD • Sam Brondfeld, MD, MAEd
- 3/22: **What Happens after?** Ana Velázquez Mañana, MD
- 3/29: **What are the Newest Developments?**
Hope Rugo, MD • Sam Brondfeld, MD, MAEd

Yoga for Self-Transformation: Awakening to the Possibilities Within



Wednesday evenings
February 23 - March 30
7:00 – 8:30 pm
Live Streamed

COURSE CO-CHAIRS Sudha Prathikanti, MD
Integrative Psychiatrist, UCSF Osher Center for Integrative Health; Clinical Professor, UCSF Department of Psychiatry
Priya Jain, MD
Integrative Pediatrician, UCSF Osher Center for Integrative Health

For thousands of years, yoga has been a path to re-orienting our relationship to body, mind and spirit, opening ourselves to transformation. At its essence, yoga involves grappling with our perceived limits and transcending them through a shift in consciousness. As a psychophysical approach to self-understanding, yoga offers a creative way to discover, grow and awaken to new possibilities as we meet the challenges of modern living.

- 2/23: **What is Yoga? Perspectives from East and West on Yoga for Self-Transformation**
Sudha Prathikanti, MD • Priya Jain, MD
- 3/2: **Body, Breath and Abundant Energy: Yoga for Vitalizing Physical Health** Brad Jacobs, MD
- 3/9: **Yoga and Dance: Attuning to Self through Creative Movement**
Ishwarya Chaitanya • Varsha Ravikumar
(Zooming from Bangalore, India)
- 3/16: **Cultivating Compassion and Resilience: Yoga for Enhancing Mental Health**
Sudha Prathikanti, MD • Kate Holcombe, CYT
- 3/23: **Elevating Life Purpose and Meaning: The Science and Research on Yoga for Improving Transcendence and Spirituality**
Sat Bir Singh Khalsa, PhD
- 3/30: **Yoga for Transforming Consciousness: The Chakra System and Mythic Psychology**
Patrick Mahaffey, PhD

Frontiers in Diagnosis and Treatment of Neurological Diseases



Thursday evenings
February 24 - March 31
7:00 – 8:30 pm
Live Streamed

COURSE CHAIR Maggie Waung MD, PhD
Assistant Professor, UCSF Department of Neurology

New scientific technologies in the laboratory have advanced our understanding of basic mechanisms of neurological disease over the past decade, changing the paradigm of how neurologists care for patients with debilitating and chronic diseases. By bringing scientists, clinicians and patients together, the Weill Institute for Neuroscience strives to accelerate translation of rapid scientific discovery into improving diagnostic accuracy and bringing new therapeutic programs to patients. This seminar will highlight some of the new diagnostic testing and treatments available to patients with neurological disease.

- 2/24: **Spinal Cord – Multiple Sclerosis**
Riley Bove, MD • Joanne Guo, MD
- 3/3: **Brain Stem – Headache**
Rebecca Michael, MD • Sarah Ahmad, MD • Morris Levin, MD
- 3/10: **Hippocampus – Epilepsy**
Vikram Rao, MD, PhD • Jonathan Kleen, MD, PhD • Adam Numis, MD
- 3/17: **Cortex – Alzheimer's Disease**
Gil Rabinovici, MD • Adam Boxer, MD, PhD • Rojas-Martinez, MD, PhD
- 3/24: **Peripheral Nerves – Difficult to Diagnose Neurological Disease Cases: Advances in Genomic Testing, Metagenomics for Neuroinfectious Disease, Cancer, Autoantibody Detection for Inflammatory Conditions**
Michael Wilson, MD • Sam Pleasure, MD, PhD
- 3/31: **Basal Ganglia – Parkinson's Disease/Essential Tremor**
Nijee Luthra, MD, PhD • Ethan Brown, MD • Cameron Dietiker, MD

live stream UCSF Osher Mini Medical School

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REGISTRATION FORM

Name: (Dr • Mr • Ms • Mrs • Mx) _____

Street address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Do you want to be on our priority email list? YES NO

Select course by checking box(es):

Tuesday evenings, February 22 - March 29
MLL22011 – Cancer Today: Same Disease, New Hope
7:00 – 8:30 pm

Wednesday evenings, February 23 - March 30
MLL22012 – Yoga for Self-Transformation: Awakening to the Possibilities Within
7:00-8:30 pm

Thursday evenings, February 24 - March 31
MLL22013 – Frontiers in Diagnosis and Treatment of Neurological Diseases
7:00 – 8:30 pm

To register for individual sessions, please list date/s you will be attending:

Session Date/s: _____

Please charge my: Visa MasterCard American Express

No. _____ / _____ / _____

Exp. Date _____ Authorized Signature _____

Amount to be charged \$ _____

COURSE FEES

ONE Course \$ 75
TWO Courses \$120
THREE Courses \$165

SESSION FEES

ONE Session \$15
STUDENT FREE with valid ID
Each Session

THREE EASY WAYS TO REGISTER:

Online: Register at osherminimed.ucsf.edu

Phone: Call (415) 476-5808. Please have your Visa, MasterCard or Amex ready.

Mail: Send the registration form and your check payable to "UC Regents" to:
University of California, San Francisco
Office of CME, Box 0742
490 Illinois Street, Floor 8
San Francisco, CA 94143

Please note we can no longer accept enrollment by FAX.



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UCSF Osher Center for Integrative Medicine
Virtual Mini Medical School for the Public

DIRECTOR

Robert B. Baron, MD, MS

Director, UCSF Osher Mini Medical
School for the Public
Professor of Medicine
Associate Dean of CME
UCSF School of Medicine

PLANNING COMMITTEE

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Osher Foundation Endowed Chair in Education in Integrative Medicine
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Director, Office of Continuing Medical Education
UCSF School of Medicine

Jeffrey A. Tabas, MD

Professor of Emergency Medicine
Director of Outcomes and Innovations
Office of Continuing Medical Education
UCSF School of Medicine

COURSE MANAGER

Dawn N. Bohlmann

Senior Conference Manager
Office of Continuing Medical Education
UCSF School of Medicine



WINTER 2022
COURSE CATALOG



UCSF Osher **Center for Integrative Medicine**

Mini Medical School for the Public



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Cancer Today: Same Disease, New Hope

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Frontiers in Diagnosis and Treatment of Neurological Diseases

UCSF

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