Drug Policy Alliance and San Francisco and California Drug Policies

Laura Thomas, MPH, MPP Drug Policy Alliance May 22, 2019

Drug Policy Alliance

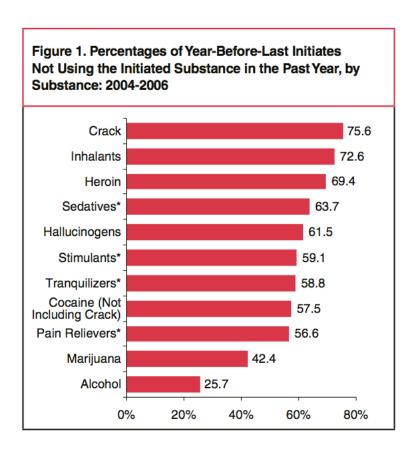
- The Drug Policy Alliance envisions a just society in which the use and regulation of drugs are grounded in science, compassion, health and human rights, in which people are no longer punished for what they put into their own bodies but only for crimes committed against others, and in which the fears, prejudices and punitive prohibitions of today are no more.
- Our mission is to advance those policies and attitudes that best reduce the harms of both drug use and drug prohibition, and to promote the sovereignty of individuals over their minds and bodies.

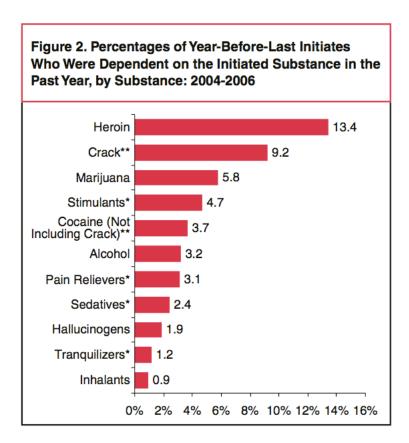
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Who uses drugs?

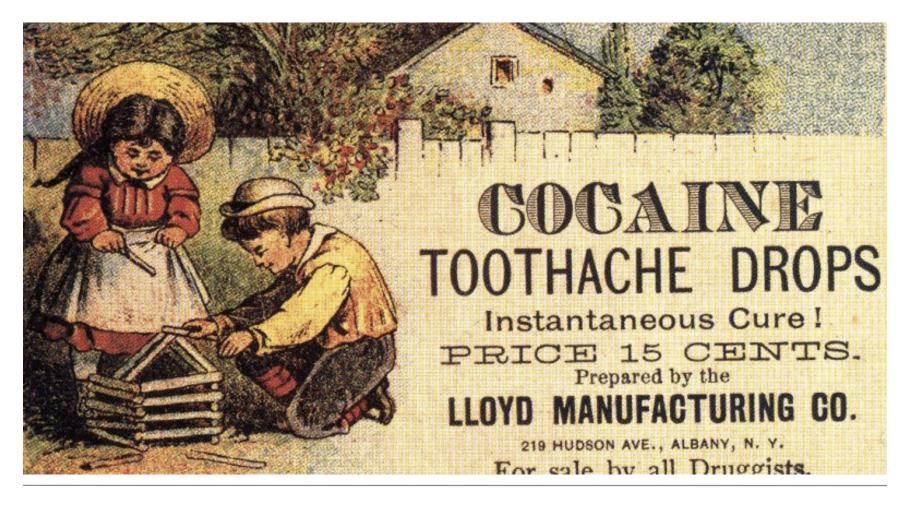


Who develops problems?





History of drug prohibition in the US



San Francisco & Opium



1910s and 20s

The first antimarijuana laws in the Midwest and the Southwest were directed at Mexican migrants and Mexican Americans.



NEGRO COCAINE "FIENDS" ARE A NEW SOUTHERN MENACE

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Murder and Insanity Increasing Among Lower Class Blacks Because They Have Taken to "Sniffing" Since Deprived of Whisky by Prohibition.

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But in all probability the greatest whilesels tracks to earther on the Webberg and the Webberg pulses, from which problems are sent to load publics, and the sent of the sent

Why De They De B?

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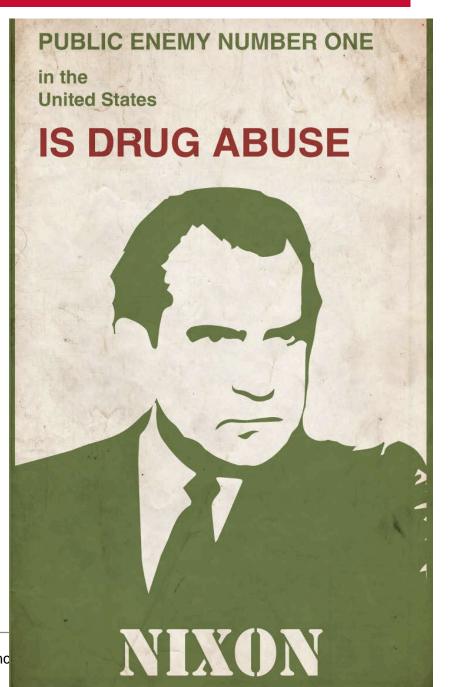
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1960s and 70s

- Nixon declared the "war on drugs" in June 1971.
- 1972 Shafer commission report
- State marijuana decriminalization

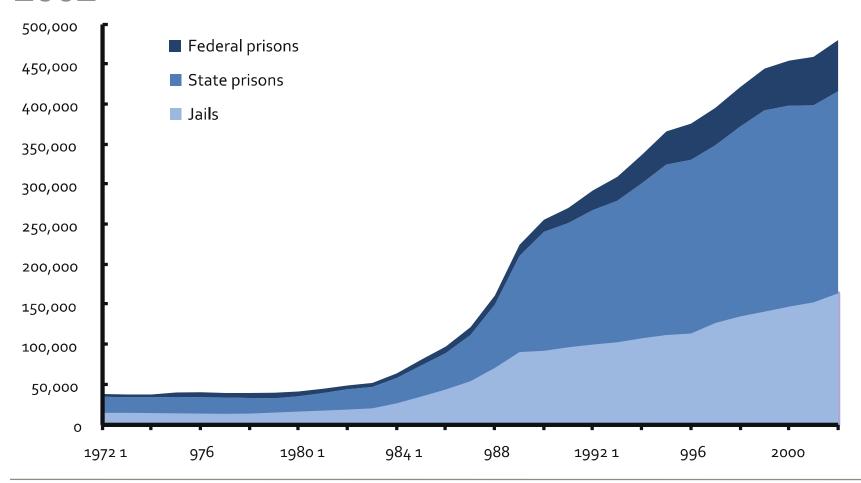


1980s and 90s - Reagan, crack, and

HIV



Estimated number of adults incarcerated for drug law violations in the United States, 1972–2002



Collateral consequences of a drug offense conviction

- Federal student loans
- Public housing
- Employment licensing, certification, "check the box"
- Food stamps (only for drug offenses)
- Child custody
- Right to vote
- Gun ownership
- NOT getting into treatment

Racial disparities

- We still incarcerate a larger proportion of our population than any other country, with African Americans bearing the heaviest burden of incarceration and its collateral consequences.
- Two-thirds of people incarcerated for a drug offense in state prison are black or Latino, although these groups use and sell drugs at similar rates as whites
- Crack/powder cocaine sentencing



Drug Policy Alliance's Work

- Marijuana legalization
 - Racial justice, repairing the harms
 - Prop 64
- Criminal justice reform
 - Sentencing reform
 - Asset forfeiture
 - Decriminalization

- Harm reduction/public health
 - Syringe access
 - Naloxone/overdose prevention
 - Access to treatment, esp. MAT
 - Supervised consumption services

What are supervised consumption services/facilities?

"legally protected places where drug users consume pre-obtained drugs in a safe, non-judgmental environment and may receive health care, counseling, and referrals to other health and social services, including drug treatment."

(City of Vancouver Four Pillars Drug Strategy)

History of supervised consumption services

- The first SCS opened in Switzerland in 1986.
- Now around 150 SCS in twelve countries: Switzerland, Germany, the Netherlands, Spain, Australia, Norway, Luxembourg, Denmark, Portugal, Belgium, France, and Canada.
- Insite in Vancouver, British Columbia opened in September 2003 and received permanent authorization in 2011. Canada has opened dozens of facilities in the last few years.
- There are no authorized programs in the United States but one underground program is described in the research literature.

Insite



Research findings from Insite

- The SCS has resulted in reductions in public disorder related to injection drug use. It has been "associated with reductions in public drug use and publicly discarded syringes and reductions in syringe sharing among local injecting drug users."
- Use of the SCS has been associated with increased uptake of detoxification services and other addiction treatments. Drug users who use the facility are more likely to enter detox programs, especially if they have had contact with the on-site substance use counselor. In Vancouver, use of detox increased by over 30% after Insite opened.
- A number of overdoses have occurred at the SCS, and were managed in the facility by staff through the administration of oxygen, naloxone, and calls for ambulance support. Importantly, none of the overdose events resulted in a fatality.

HIV/HCV impact

- The SCS has attracted and retained a high risk population of IDU who are at heightened risk for HIV and hepatitis C infection and overdose and more likely to be homeless and to frequently inject heroin and cocaine.
- Use of the SCS has been associated with reductions in HIV and HCV risk behavior (syringe sharing) and overall injectors used safer injections practices after attending Insite.
- Many individuals at risk for HIV and HCV infection are receiving safer injection education at the SCS, and increases in safe microinjecting practices have been observed

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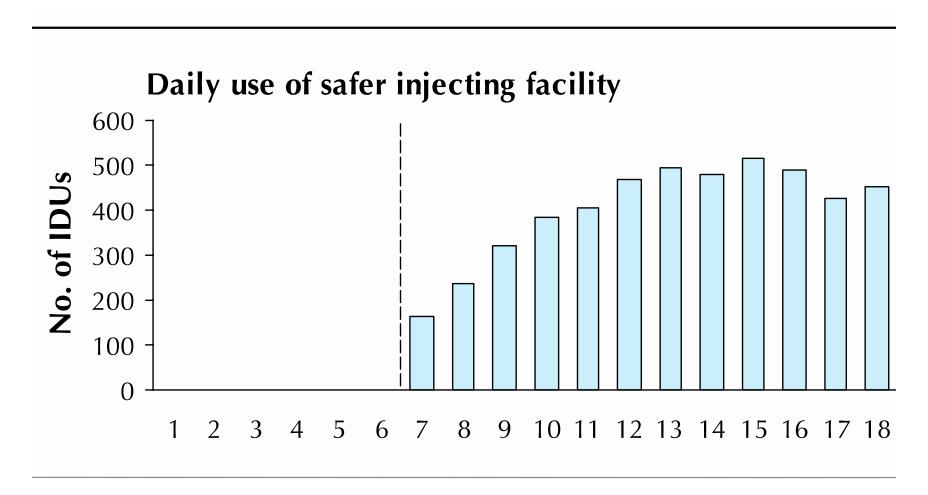
More findings

- The establishment of the SCS has not prompted adverse changes in community drug use patterns
- The establishment of the SCS has not prompted initiation into injection drug use
- The establishment of the SCS has not led to increases in drug-related crime

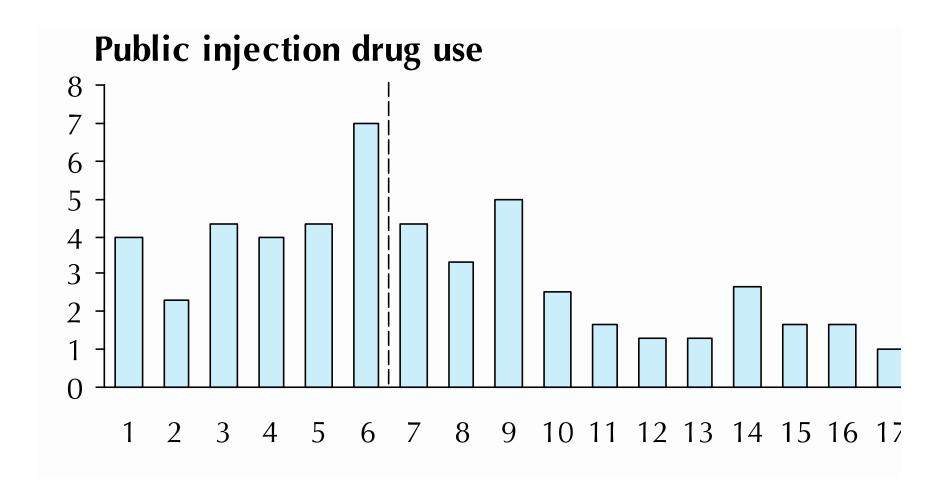
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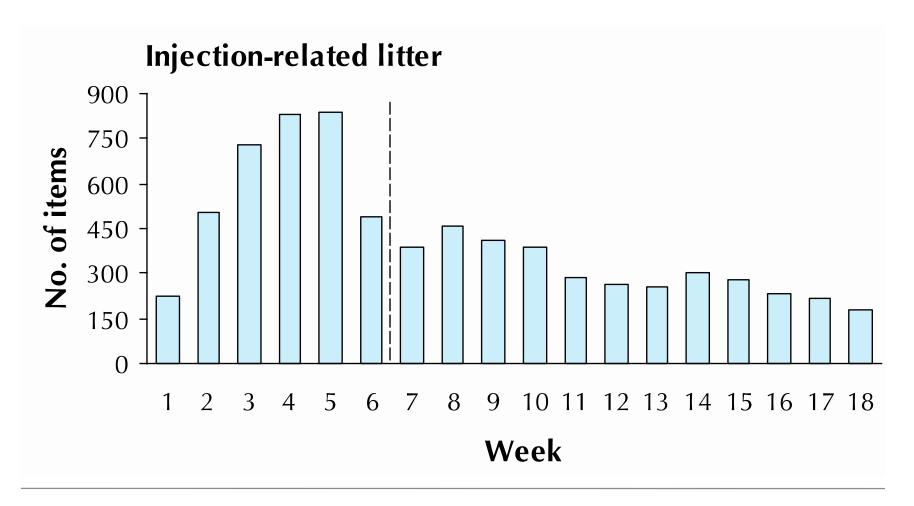
As use of Insite went up...



Public injection drug use went down



And public disposal of syringes and other injection litter decreased



2010 Addiction article on cost

"Insite's safe injection facility and syringe exchange program reduce substantially the incidence of HIV infection within Vancouver's IDU community. The associated savings in averted HIV related medical care costs are more than sufficient to offset Insite's operating costs.

Pinkerton S. *Is Vancouver Canada's supervised injection facility cost-saving?* Addiction, **105**, 1429–1436 S

San Francisco



San Francisco research

- People who inject drugs will use a SCS (although they will not travel far for them.) (Kral, 2010)
 - 85% of people who inject drugs said that would use it
 - Only 28% reported that they would walk more than 20 minutes to it.
- An informal 2015 survey of 90 Tenderloin businesses found:
 - 81% had seen public injection in the TL; 65% thought public drug use was a problem for their business
 - 87% had never heard of SIFs
 - 81% supported the idea, once it was explained, and 65% thought it should be in the TL.

Cost-benefit analysis in San Francisco (Irwin et al, 2016)

- At least 3.3 averted HIV cases per year. With a lifetime treatment cost of more than \$402,000, this translates to annual savings of \$1.3 million. (Or six percent of the IDU-related HIV cases.)
- At least 19 hepatitis C cases prevented per year. At a lifetime treatment cost of US\$68,000, annual savings of \$1.3 million.
- "Establishing a SIF would create a natural center for locating PWID, providing them with testing, connecting them directly with treatment providers, and monitoring them long-term to retain them in treatment."
- Total savings of \$6.1 million per year. It would be cost-effective: every dollar spent would generate \$2.33 in savings.

Why isn't syringe exchange enough?

- Hepatitis C is more easily transmissible and sterile syringe access alone is not enough
- HCV can be transmitted through sharing cookers, cottons, and other injection equipment
- Many harm reduction workers/peers/clinicians already talk about safer injecting practices and distribute sterile supplies
- The "accidental" SIF
- Disposal issues
- Some injectors are more vulnerable to sharing equipment or using risky injection practices
 - Homeless/marginally housed
 - Those who need others to inject them

American Medical Association

"Studies from other countries have shown that supervised injection facilities reduce the number of overdose deaths, reduce transmission rates of infectious disease, and increase the number of individuals initiating treatment for substance use disorders without increasing drug trafficking or crime in the areas where the facilities are located."

State and local governments around the nation are currently involved in exploratory efforts to create supervised injection facilities to help reduce public health and societal impacts of illegal drug use," said Dr. Harris. "Pilot facilities will help inform U.S. policymakers on the feasibility, effectiveness and legal aspects of supervised injection facilities in reducing harms and health care costs associated with injection drug use."

California legislation

- AB 2495 (2016): Failed to pass out of Asm. Public Safety Committee
- AB 186 (2017): Vetoed by Governor Brown
- AB 362 (2019): Currently in Assembly
- Co-sponsored by DPA, California Society of Addiction Medicine, San Francisco AIDS Foundation, HealthRIGHT360, Tarzana Treatment Center, CAADPE, and Harm Reduction Coalition
- Creates legal protections for staff, volunteers, participants, and program operators, for programs allowed by the local health jurisdiction. Covers San Francisco only.
- Yesterday, Oakland City Council voted unanimously to endorse and request to be added to the bill.



Portugal model

Components

- Health-based, social inclusion approach
- Decriminalized possession for personal use
- Scaled up treatment capacity, mostly for opiate dependence
- Dissuasion Commissions with health and social workers
- Civil penalties

Results

- Lower HIV rates: IDU went from 54% of HIV incidence in 2001 to 30 % in 2007
- Fewer overdose deaths
- Reduced drug use: prevalence of any drug use among 15-19 year olds dropped from 10.8% to 8.6%
- Reduced crime
- Increased numbers of people in treatment



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