



"We have seen a huge spike in ER visits and admissions... We have been admitting people left and right."

--Dr. Arash Armin, Trenton, MI. July 19, 2019

## Killer Heat in the United States

Climate Choices and the Future of Dangerously Hot Days



### About the Killer Heat analysis

- High-resolution climate models
- Use temperature and humidity to calculate heat index
- Three future emissions scenarios
- Data for every community in the lower 48

### The Heat Index

#### Temperature (°F)

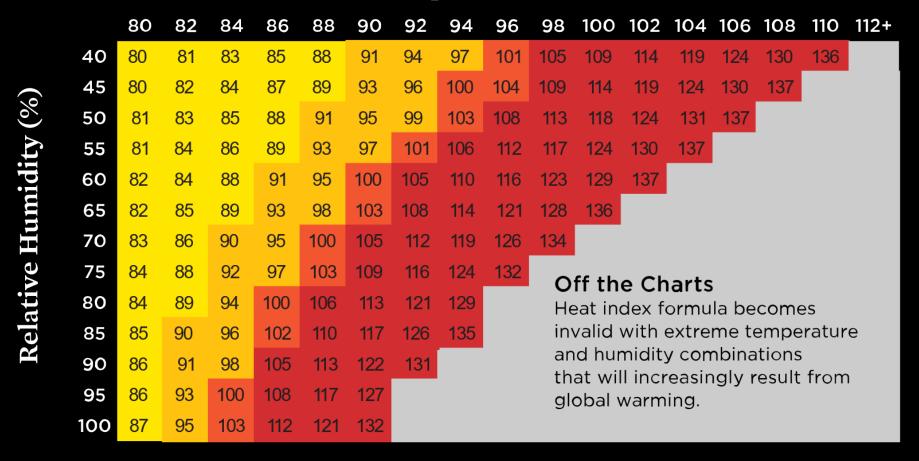
80°F-89°F

90°F-99°F

105°F+

100°F-104°F

Off the Charts



### Heat Index Above 90°F



Outdoor workers become more susceptible to heat-related illness.

### Heat Index Above 100°F



Children, elderly adults, pregnant women, and people with underlying conditions are at heightened risk of heat-related illness.

### Heat Index Above 105°F



Anyone could be at risk of heat-related illness or even death as a result of prolonged exposure.

## Heat Index Off the Charts



Undetermined: any level of exposure is presumed extremely dangerous for all people and likely to result in heat-related illness or even death.

#### Head · Mouth intense thirst headache dizziness dry mouth irritability loss of coordination Heart confusion rapid heartbeat delirium • irregular heartbeat anxiety · reduced bloodflow to the heart loss of consciousness heart attack seizures stroke Lungs coma • increased breathing rate · worsened allergies and asthma · worsened chronic obtrusive Liver – pulmonary disease liver injury Arms and Legs **Kidneys** - heat cramps kidney disease muscle spasms kidney failure weakness Skin flushed and clammy skin **General Physiology and Unique Circumstances** profuse sweating heat rash General **Pregnant People** dehydration fetal nutrition vomiting deficits electrolyte drop in imbalance preterm delivery blood pressure

fatigue

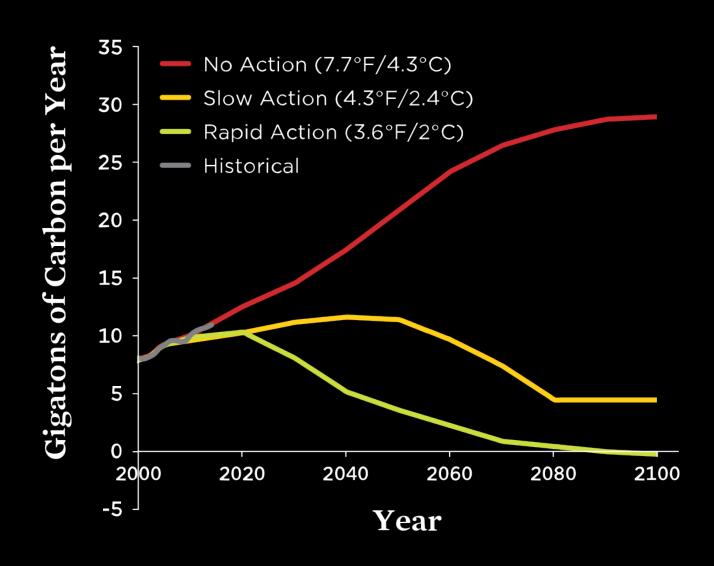
nausea

fever

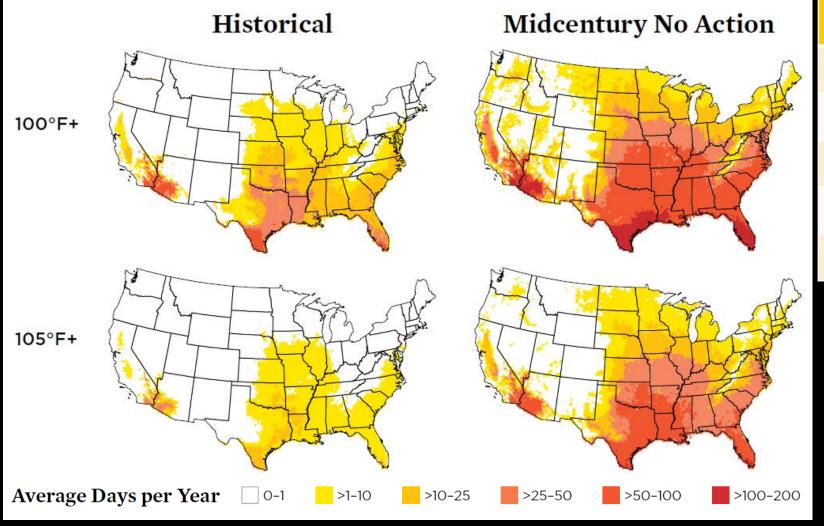
and birth

stillbirth

### Three future scenarios



### Midcentury: Steep increase in extreme heat

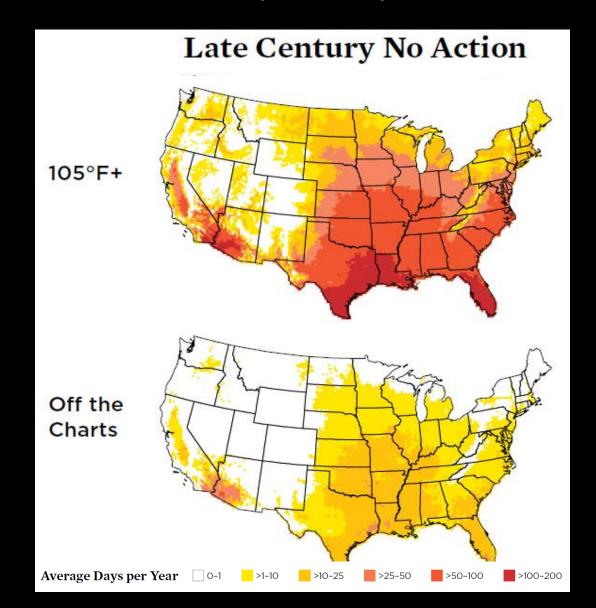


	Historical	Midcentury
Redding	2	24
Santa Rosa	0	1
Sacramento	1	13
Fresno	3	27
Los Angeles	0	3

## Cities with frequent, dangerous heat Midcentury No Action

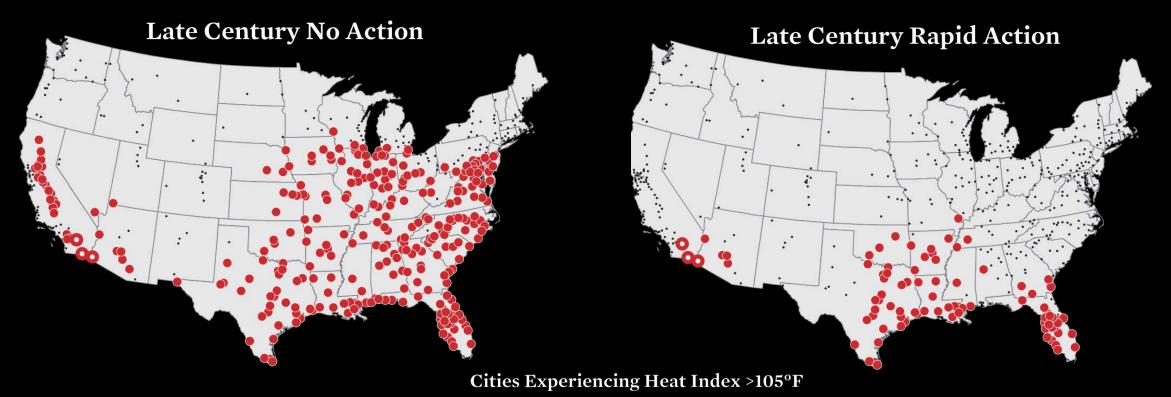


## Late century: Unprecedented heat



	Historical	Late century
Redding	2	52
Santa Rosa	0	5
Sacramento	1	37
Fresno	3	59
Los Angeles	0	15

## Taking action now would limit expansion of heat



- More than 30 Days per Year
- More than 30 Days per Year, HistoricallyFewer than 30 Days per Year

## Adaptation: Keeping People Safe

# COOLING CENTER AP/David Goldman

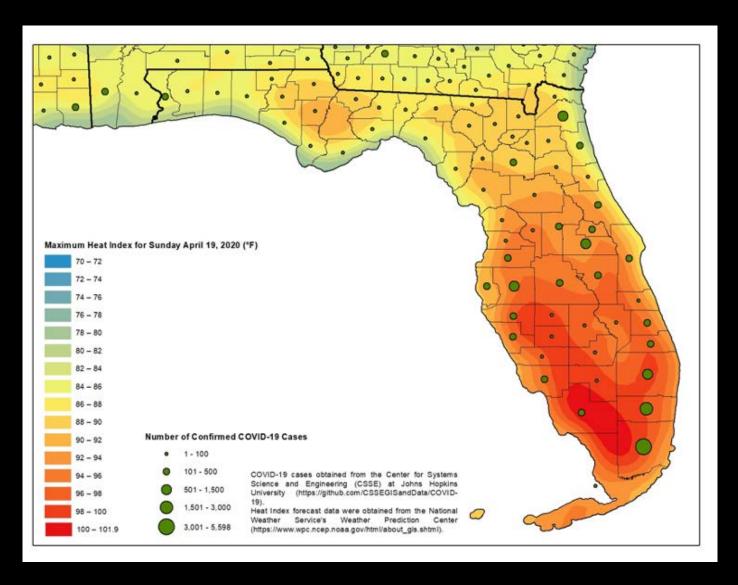
## Mitigation: Reaching net zero emissions by 2050



## Keeping people safe

- Improved heat early-warning systems
- State/local heat adaptation and emergency reponse plans
- Cooling standards for public housing
- Investments in community cooling infrastructure, trees, shading, cool roofs
- Bill assistance programs for low-income households
- Investments in heat- and climate-smart infrastructure
- Reforming utility disconnect policies

### Heat waves and COVID-19



### Keeping workers safe from extreme heat





### National Occupational Safety Standards for Heat

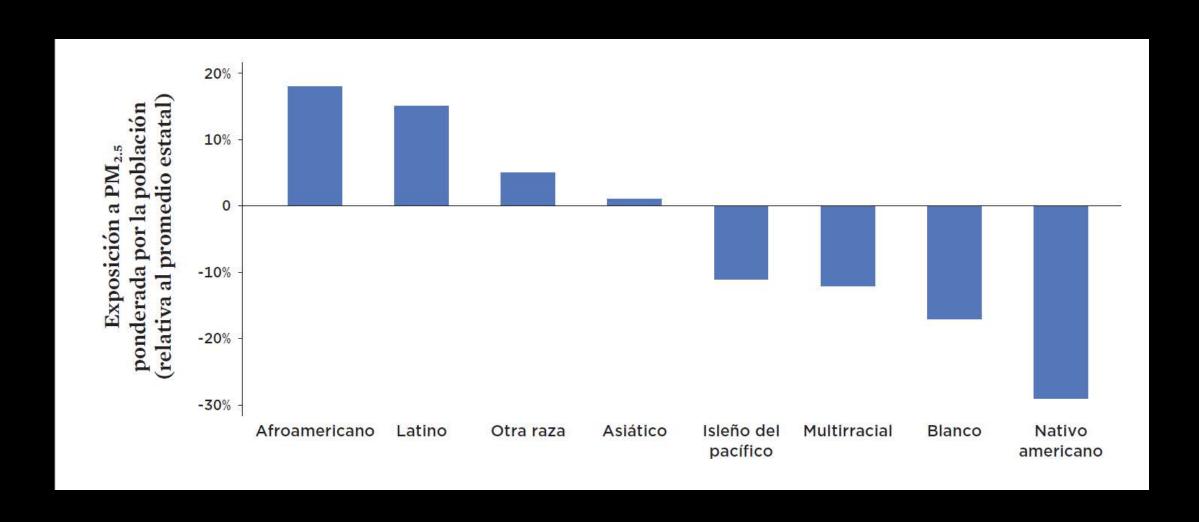
 H.R.3668 - Asuncion Valdivia Heat Illness and Fatality Prevention Act of 2019

## Transitioning away from fossil fuels





### Co-benefits of cleaner vehicles



# Resources www.ucsusa.org/killer-heat

### **Interactive maps**



### **Interactive data widget**

### **Extreme Heat & Climate Change**

#### HOW OFTEN WILL YOU ENDURE EXTREME HEAT WHERE YOU LIVE?

This tool shows the rapid increases in extreme heat projected to occur in locations across the US due to climate change. Results show the average number of days per year above a selected heat index, or "feels like" temperature, for three different time periods: historical, midcentury, and late century.

The results highlight a stark choice: We can continue along our current path, where we fail to reduce heat-trapping emissions and extreme heat soars, or we can act decisively now and stop the worst from becoming reality.

CHOOSE HOW HOT

Above 100°

GO

- Spreadsheets with all the data

TYPE IN YOUR LOCATION (CITY OR COUNTY)

Q

+ Spanish language webpage and materials

## Thank you

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Learn more: www.ucsusa.org/killer-heat

