

FOR FURTHER INFORMATION, THE SCHEDULE, AND TO REGISTER ONLINE:

osherminimed.ucsf.edu

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 UCSFOsherMiniMedSchool  OsherMiniMed

All courses VIRTUAL for Fall 2021

Advancing Diversity, Equity and Inclusion in Medicine



Monday evenings
October 25 - December 6
7:00 – 8:30 pm
Live Streamed

Racism and white supremacy are fierce, ever present and challenging forces that are the fabric of the United States from slavery through emancipation, Jim Crow segregation and Civil Rights. They impact the thinking, behavior and actions of individuals and institutions, including professional education and health care. The pernicious nature of racial and ethnic inequities requires a long-term commitment to change through education, systems changes and individual action.

Last year, during the COVID-19 pandemic and reeling from the tragic death of George Floyd, UCSF launched the Anti-Racism Initiative to address the impact of systemic racism on the health, health care and life expectancy of Black, Indigenous and other people of color (BIPOC) communities.

This unique course will feature UCSF leaders of the Anti-Racism Initiative and discuss the impact and opportunity of this work for all.

COURSE CO-CHAIRS **J. Renée Navarro, PharmD, MD**
Vice Chancellor, Office of Diversity and Outreach, Professor of Anesthesia and Perioperative Care

Alejandra Rincon, PhD
Assistant Vice-Chancellor and Chief of Staff, Office of Diversity and Outreach

Optimizing Wellness: UCSF Orthopaedics Keeping You in the Game



Tuesday evenings
October 26 - December 7
7:00 – 8:30 pm
Live Streamed

Injuries and degenerative conditions affect us all and can result in pain, dysfunction and decreased quality of life. When we lose our mobility, our overall wellness suffers. What can we do to keep our body running at its best, help it recover when it gets injured, and maintain an active lifestyle? Presented by leaders in their field from the UCSF Department of Orthopaedic Surgery, this course is designed to explore how to optimize wellness and not let aches and pains get you down.

COURSE CO-CHAIRS **Jeff Barry, MD**
Assistant Professor of Orthopaedic Surgery
Clinical Fellowship Director
Division of Adult Reconstruction

Lan Chen, MD
Associate Professor of Orthopaedic Surgery, Foot and Ankle

Sara L. Edwards, MD
Associate Professor of Orthopaedic Surgery, Sports Medicine

Advances in the Understanding and Treatment of Pain



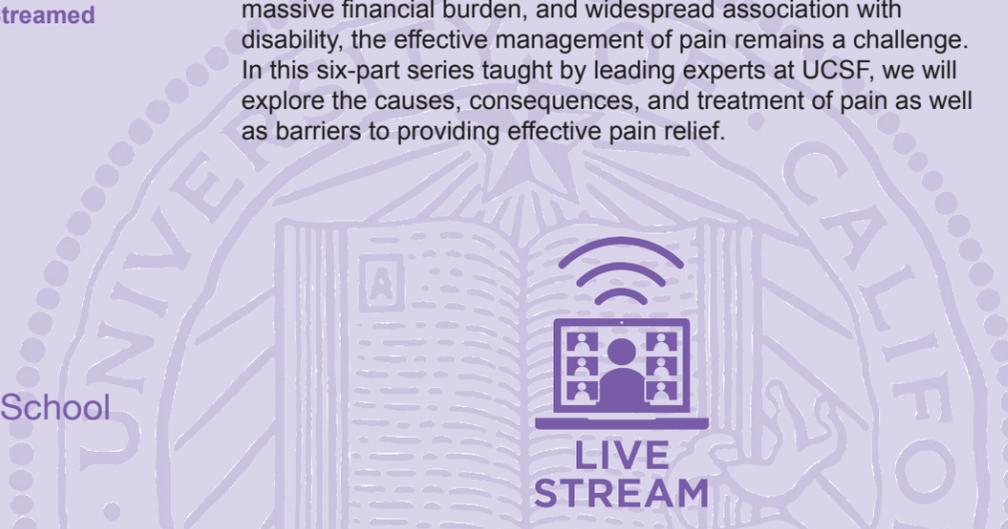
Wednesday evenings
October 27 - December 8
7:00 – 8:30 pm
Live Streamed

The majority of Americans are living with pain, according to the findings from a report recently released by the National Center for Health Statistics. Pain affects more than your body, increasing stress and depression which can make pain worse, leading to a vicious cycle. While many of us experience pain, there can be significant differences in how pain is perceived due to the interplay of environment, genetics, and psychology. Despite its prevalence, massive financial burden, and widespread association with disability, the effective management of pain remains a challenge. In this six-part series taught by leading experts at UCSF, we will explore the causes, consequences, and treatment of pain as well as barriers to providing effective pain relief.

COURSE CHAIR **Melanie M. Henry, MD, MPH**
Professor of Anesthesia

live stream UCSF Osher Mini Medical School

PRE-REGISTER NOW AT
osherminimed.ucsf.edu



REGISTRATION FORM

Name: (Dr • Mr • Ms • Mrs • Mx) _____

Street address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Do you want to be on our priority email list? YES NO

Select course by checking box(es):

- Monday evenings, October 25 - December 6**
MLL22021 – Advancing Diversity, Equity and Inclusion in Medicine
7:00 – 8:30 pm
- Tuesday evenings, October 26 - December 7**
MLL22022 – Optimizing Wellness: UCSF Orthopaedics Keeping You in the Game
7:00-8:30 pm
- Wednesday evenings, October 27- December 8**
MLL22023 – Advances in the Understanding and Treatment of Pain
7:00 – 8:30 pm

To register for individual sessions, please list date/s you will be attending:

Session Date/s: _____

Please charge my: Visa MasterCard American Express

No. _____ / _____ / _____

Exp. Date _____ Authorized Signature _____

Amount to be charged \$ _____

COURSE FEES

ONE Course \$ 75
TWO Courses \$120
THREE Courses \$165

SESSION FEES

ONE Session \$15
STUDENT FREE with valid ID
Each Session

THREE EASY WAYS TO REGISTER:

Online: Register at osherminimed.ucsf.edu

Phone: Call (415) 476-5808. Please have your Visa, MasterCard or Amex ready.

Mail: Send the registration form and your check payable to "UC Regents" to:

University of California, San Francisco
Office of CME, Box 0742
490 Illinois Street, Floor 8
San Francisco, CA 94143

Please note we can no longer accept enrollment by FAX.



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UCSF Osher Center for Integrative Medicine
Virtual Mini Medical School for the Public

DIRECTOR

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Director, UCSF Osher Mini Medical
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Professor of Medicine
Associate Dean of CME
UCSF School of Medicine

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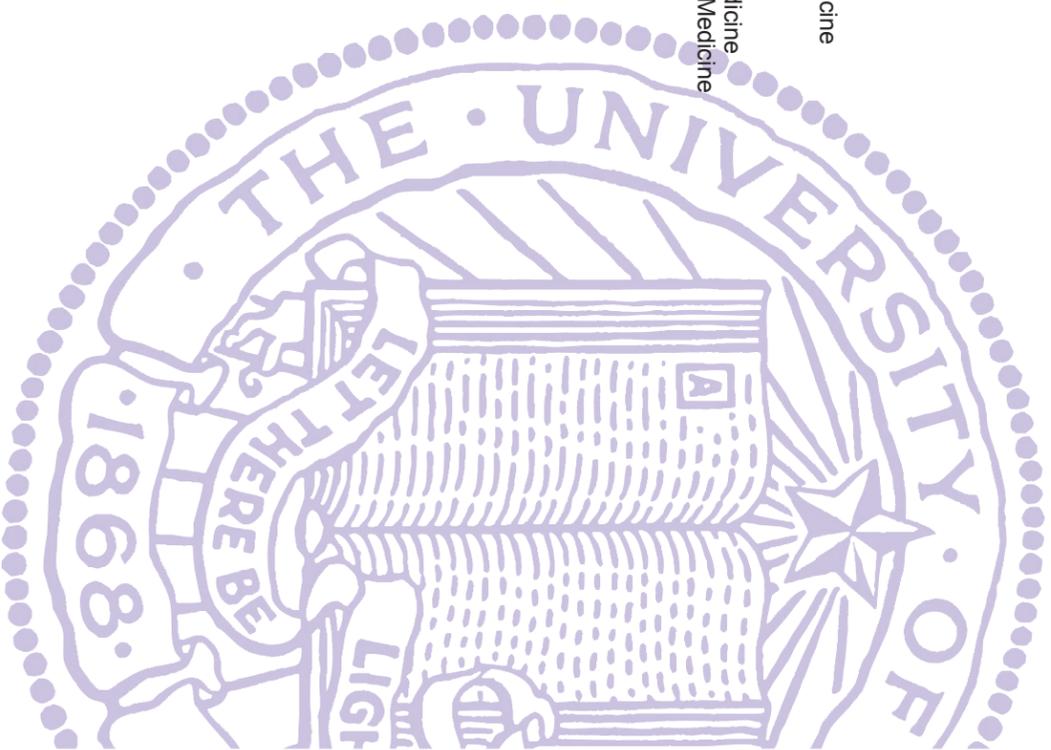
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UCSF School of Medicine



FALL 2021
COURSE CATALOG



UCSF Osher Center for Integrative Medicine

Mini Medical School for the Public



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UCSF

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