

Biogerontology and Geroscience: Further Reading

Silicon Valley's Quest to Live Forever, The New Yorker, April 3, 2017

<https://www.newyorker.com/magazine/2017/04/03/silicon-valleys-quest-to-live-forever>

The Science Behind the Pursuit of Youth, Wired, March 27, 2018

<https://www.wired.com/story/antiaging-methods/>

National Academy of Medicine Grand Challenge for Healthy Longevity

<https://nam.edu/initiatives/grand-challenge-healthy-longevity/>

Geroscience: Linking Aging to Chronic Disease, by Kennedy et al. *Cell* 159:709 (2014).

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4852871/>

The Hallmarks of Aging, by López-Otín et al. *Cell* 153(6):1194 (2013).

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3836174/>

Metformin as a Tool to Target Aging, by Barzilai et al. *Cell Metabolism* 23(6):1060 (2016).

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5943638/>

Strategies and Challenges in Clinical Trials Targeting Human Aging, by Newman et al. *J Gerontol A Biol Sci Med Sci* 71(11):1424 (2016).

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5055653/>

Frameworks for Proof-of-Concept Clinical Trials of Interventions that Target Fundamental Aging Processes, by Justice et al. *J Gerontol A Biol Sci Med Sci* 71(11):1415 (2016).

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5055651/>