

# ENVIRONMENTAL THREATS TO REPRODUCTIVE HEALTH: SCIENCE AND SOLUTIONS

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# Nothing to Disclose



UCSF Program on Reproductive Health  
and the Environment



## Opinion

# What Are Sperm Telling Us?

Scientists are concerned by falling sperm counts and declining egg quality. Endocrine-disrupting chemicals may be the problem.



By Nicholas Kristof  
Opinion Columnist

Feb. 20, 2021

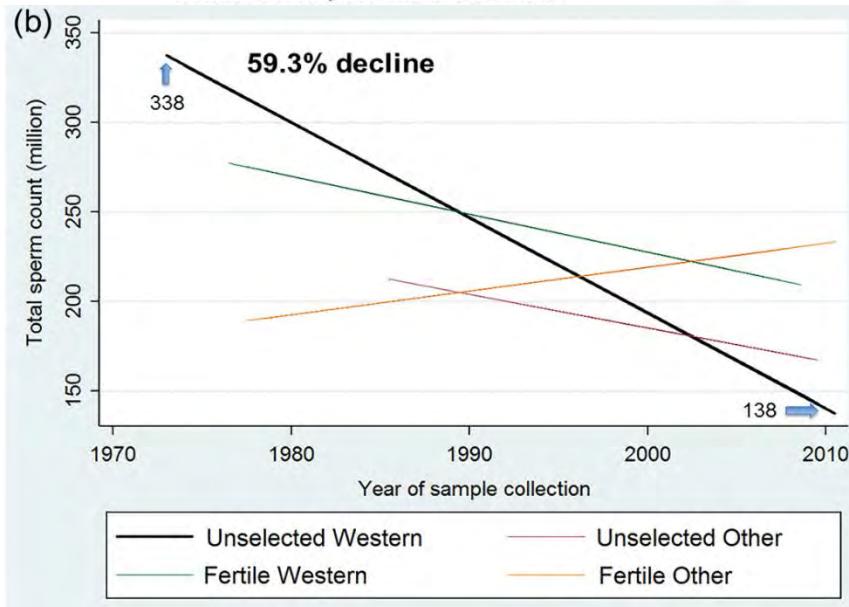


Human Reproduction Update, pp. 1–14, 2017  
doi:10.1093/humupd/dmx022

human  
reproduction  
update

## Temporal trends in sperm count: a systematic review and meta-regression analysis

Hagai Levine <sup>1,2,\*</sup>, Niels Jørgensen <sup>3</sup>, Anderson Martino-Andrade <sup>2,4</sup>, Jaime Mendiola <sup>5</sup>, Dan Weksler-Derri <sup>6</sup>, Irina Mindlis <sup>2</sup>, Rachel Pinotti <sup>7</sup>, and Shanna H. Swan <sup>2</sup>



# Reproductive Capacity Under Strain

Scientific indicators of  
**declining reproductive  
function** and increasing rates  
of reproductive illnesses  
since the mid-20<sup>th</sup> century

↑ Difficulty conceiving  
& maintaining pregnancy

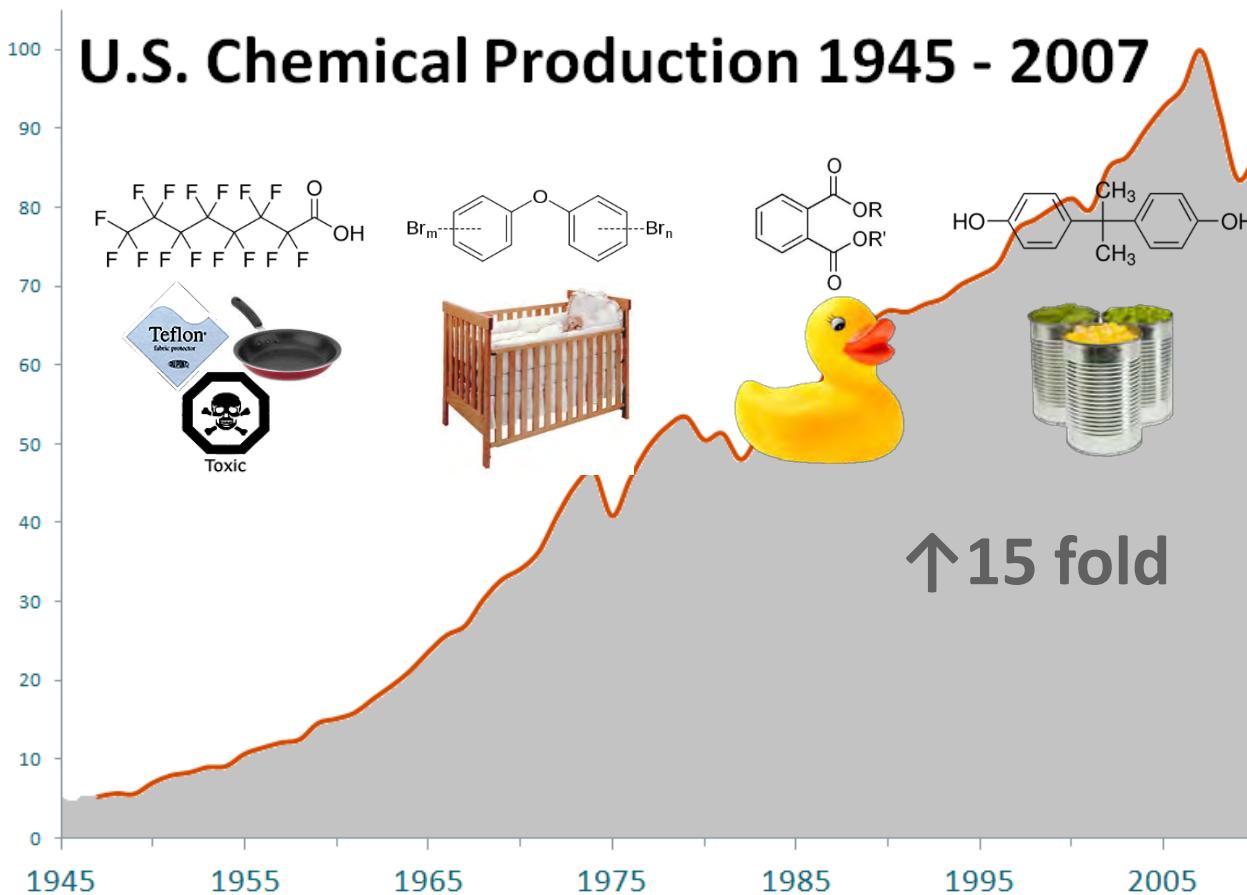
↑ Rates testicular cancer

↓ Sperm counts

Woodruff TJ, Carlson A, Schwartz JM, et al. *Fertil Steril* 2008;89:e1-e20; Schettler T, Solomon G, Valenti M, et al. *Generations at Risk. Reproductive Health and the Environment*. Cambridge, MA: MIT Press 1999; Crain DA, Janssen SJ, Edwards TM, et al. *Fertil Steril* 2008;90:911-40; Colborn T, Dumanoski D, Myers JP. *Our Stolen Future*: Penguin Books USA, Inc. 1996. Image from fineartamerica.com

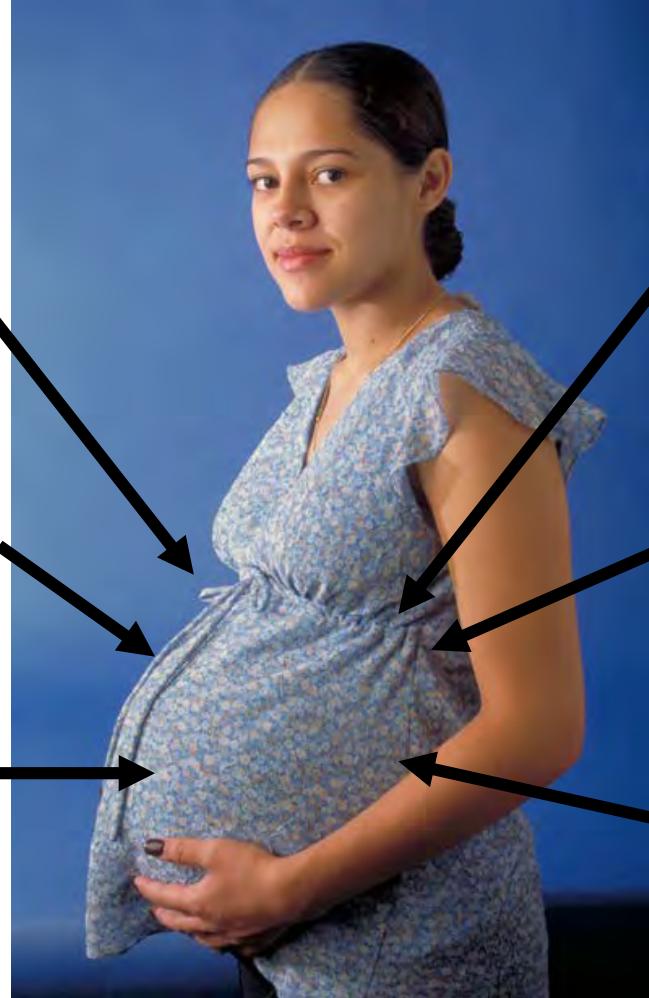


# U.S. Chemical Production 1945 - 2007



Federal reserve data on chemical production is only offered as relative production, which is unit-less. A specific reference year is chosen and values are calculated relative to that years production. In this particular data set 2007 is the reference year and is assigned a value of 100.  
Data from: U.S. Federal Reserve Board, Division of Research and Statistics





**~30,000 lbs** of industrial chemicals  
produced for **each person**  
in the U.S. **each year**



Most chemicals in the marketplace  
have not been tested for



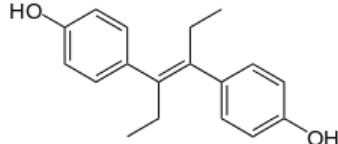
"to a disturbing extent

**babies  
are born  
'pre-  
polluted'**

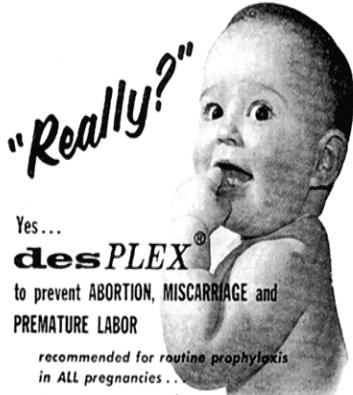


## Pharmaceuticals

### Diethylstilbestrol



Medscape® [www.medscape.com](http://www.medscape.com)



Yes...  
**desPLEX®**  
to prevent ABORTION, MISCARRIAGE and  
PREMATURE LABOR

recommended for routine prophylaxis  
in ALL pregnancies . . .

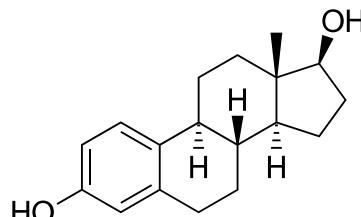
96 per cent live delivery with desPLEX  
in one series of 1200 patients<sup>1,2</sup>

= bigger and stronger babies, too.<sup>1,2</sup>

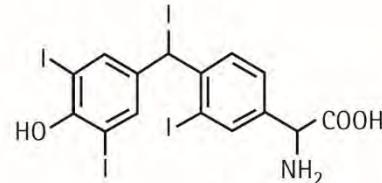
No gastric or other side effects with desPLEX  
= in either high or low dosage<sup>1,2</sup>

Source: J Midwifery Womens Health © 2003 Elsevier Science, Inc.

## Hormones

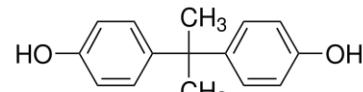


### Estradiol

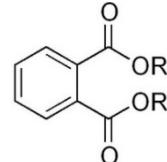


### Thyroid hormone

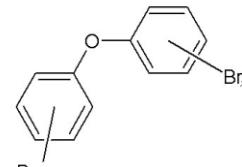
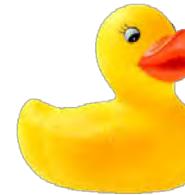
## Industrial Chemicals



BPA

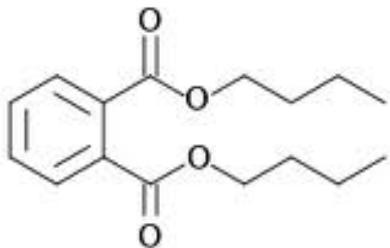


### Phthalates

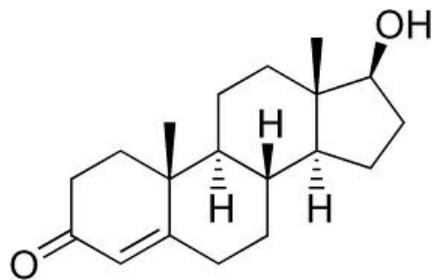


PBDEs





Dibutyl Phthalate



Testosterone



# PTHALATES

Automobiles (phthalates are responsible for the 'new car' smell);



Enteric coatings of pharmaceuticals



Medical equipment including tubing, blood bags, and plastics in the NICU



Shampoo, lotion, nail polish and other personal care products



Cosmetics



Toys



Baby products including lotion, shampoo, powders and teethers



Building materials including vinyl flooring, wall paper, paint, glue and adhesives



Art supplies including paint, clay, wax and ink



Scented products such as candles, detergent and air fresheners





# Contains:

Phthalates



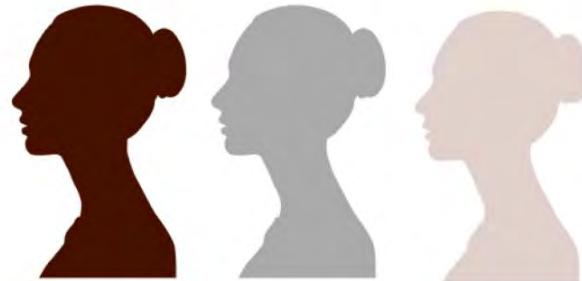
Some health effects linked to phthalates:

- Male reproductive health effects (e.g. sperm effects)
- Reduced fertility
- Learning and behavior effects
- Obesity and diabetes

**These chronic diseases are on the rise**



# Racial Disparities in Phthalates Exposure



Beauty product-related phthalate exposure was **more than 30% higher in Black women**



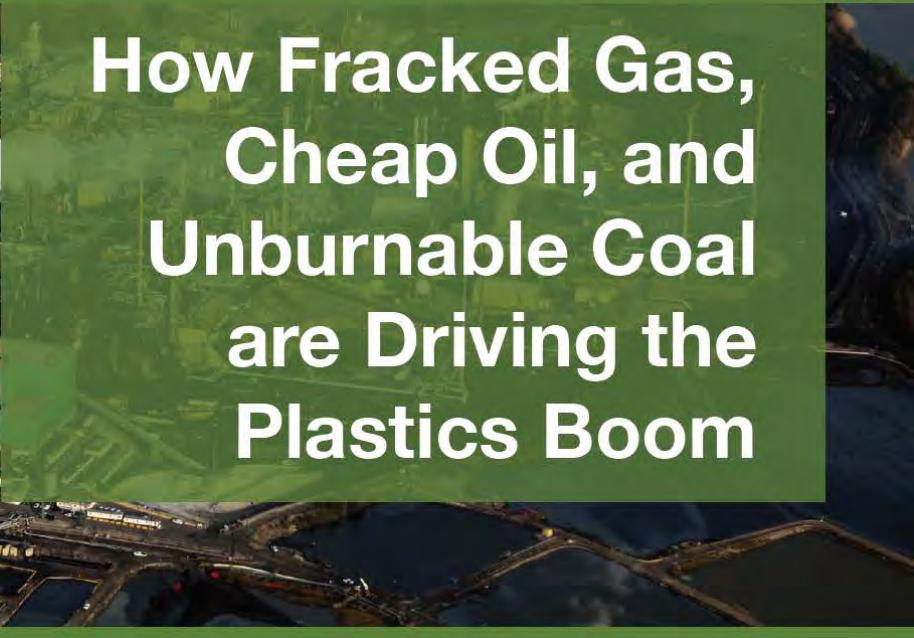
Zota et al. *Fertility and Sterility* 2018





# *Fueling Plastics*

**How Fracked Gas,  
Cheap Oil, and  
Unburnable Coal  
are Driving the  
Plastics Boom**



# Petro-chemical connection

## Plastic Supply Chain

### ETHYLENE CHAIN



ExxonMobil



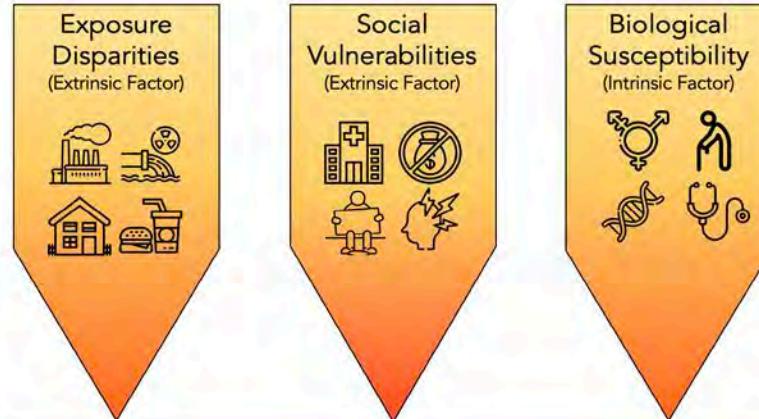
Plasticizers  
We offer the industry's broadest range of high-molecular-weight (HMW) plasticizers. Jayflex® high-molecular-weight plasticizers provide an optimum balance of properties with outstanding performance and permanence.



# Triple Jeopardy and Environmental “Riskscapes”

**Social Context:** Social inequality, segregation, discrimination

**Demographics:** Race/ethnicity, immigration status, income, wealth, geography



Interaction / Additive Effects



Health Outcomes and Disparities Across the Lifespan

Morello-Frosch et al., 2011  
Gee and Payne-Sturges, 2004  
O'Neill et al. 2003  
IOM, 1999



Manufactured pharmaceuticals are required to have data to show **safety** before use



Manufactured chemicals do **NOT**





INTERNATIONAL FEDERATION OF GYNECOLOGY & OBSTETRICS

## Recommendations for Preventing Exposure to Toxic Chemicals

**Recommendation 1:** Advocate for policies to prevent exposure to toxic environmental chemicals



**Recommendation 3:**  
Make environmental health  
part of health care



**Recommendation 2:**  
Work to ensure a healthy food  
system for all

**Recommendation 4:** Champion environmental justice



## California



U.S.A.



Overseas



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→ Collections

SACRAMENTO  
Gov. signs bills to track bullets ban  
toxic toys

Some bullets must be marked, chemical in toys is banned

The Washington Post

TODAY'S NEWSPAPER  
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### Lawmakers Agree to Ban Toxins in Children's Items

By Lyndsey Layton  
Washington Post Staff Writer  
Tuesday, July 29, 2008

Congressional negotiators agreed yesterday to a ban on a family of toxins found in children's products, handing a major victory to parents and health experts who have been clamoring for the government to remove harmful chemicals from toys.



Last Updated: Tuesday, 5 July, 2005, 11:06 GMT 12:06 UK

[E-mail this to a friend](#)

[Printable version](#)

### Europe bans chemical use in toys

The European Parliament has voted to permanently ban the use of a group of chemicals to soften children's toys following health concerns.

Phthalates have been linked to damage to the reproductive system, and an increased risk of asthma and cancer.



Chemicals are used in children's toys

boston.com

THIS STORY HAS BEEN FORMATTED FOR EASY PRINTING

### Bush signs bill banning lead from kids' toys

By Associated Press | August 15, 2008

WASHINGTON - President Bush yesterday signed consumer protection legislation that imposes the toughest standard in the world



### Canada Bans BPA From Baby Bottles

By Lyndsey Layton and Christopher Lee  
Washington Post Staff Writers  
Saturday, April 19, 2008; Page A03

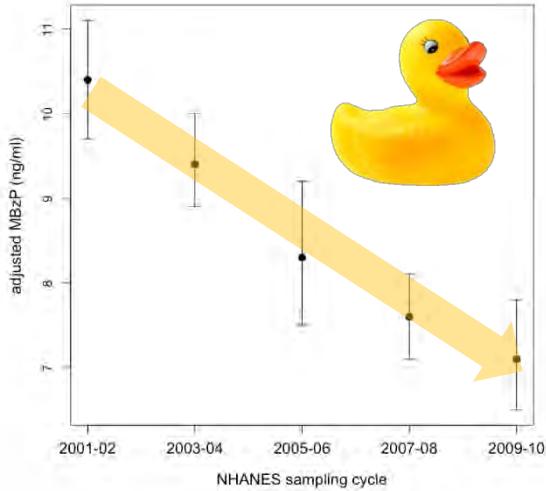
Canada yesterday became the first country to ban a widely found chemical from use in baby bottles, spurring a leading Democrat in the U.S. Senate to call for legislation that would prohibit use of bisphenol



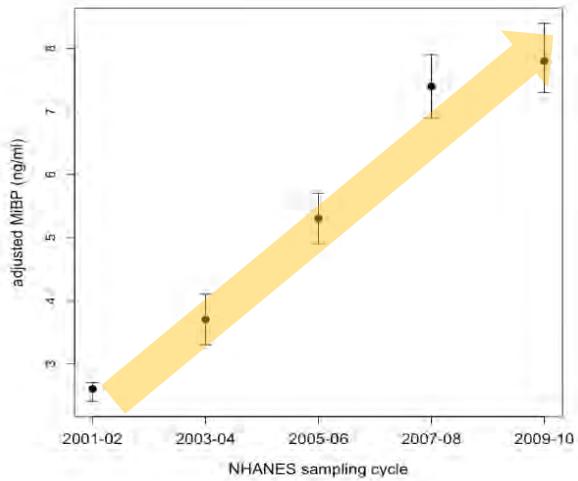
An Arcadia, Calif., store



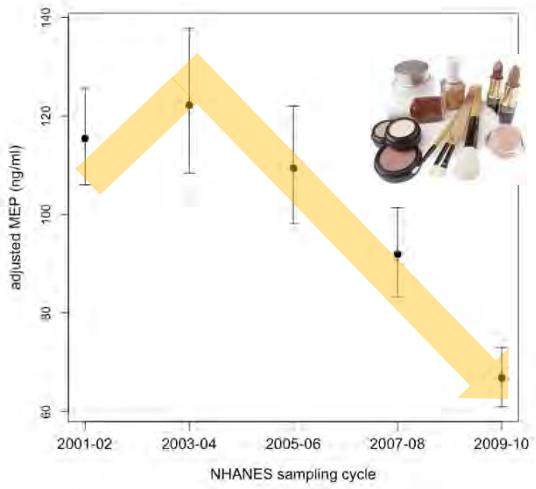
### Banned Phthalates



### Phthalates not Banned (Replacements)



### Phthalates Targeted in Market Campaigns



Toxic Substances Control Act (TSCA) – law that governs ~40,000 industrial, commercial, consumer product chemicals



# TSCA amended in 2016

- Federal actions override states
- Key decisions left to implementation
- Require addressing risk to susceptible subpopulations who '*...may be at greater risk than the general population of adverse health effects from exposure to a chemical substance or mixture, such as infants, children, pregnant women, workers, or the elderly.*'

Chlorinated solvents

Flame retardants

Phthalates

## High Priority Chemicals Undergoing Review

p-Dichlorobenzene Di-isobutyl phthalate (DIBP)

1,2-Dichloroethane Dicyclohexyl phthalate

trans-1,2- Dichloroethylene Dibutyl phthalate (DBP)

o-Dichlorobenzene Butyl benzyl phthalate (BBP)

1,1,2-Trichloroethane Di-ethylhexyl phthalate (DEHP)

1,2-Dichloropropane Ethylene dibromide

1,1-Dichloroethane 1,3-Butadiene

4,4'-(1-Methylethylidene)bis[2, 6-dibromophenol] (TBBPA) HHCB

Tris(2-chloroethyl) phosphate (TCEP)

Formaldehyde

Phosphoric acid, triphenyl ester (TPP)

Phthalic anhydride

# Conclusions:

- Environmental chemical exposures ubiquitous and adversely affecting health inequitably
- Science alone cannot move systematic change but engagement by scientists and health care providers is critical
- Research and translation that leads to less biased science is needed
- Community partnership & support are key
- Public policy is necessary to create lasting and fair solutions for all



# Thank You to Our Funders & Our Team

## PRHE Faculty, Staff &

### Affiliates:

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Aileen Andrade	Joshua Robinson
Alana D'Aleo	Kristin Shiplet
Allison Landowski	Laura Bettencourt
Allison Rozema	Lynn Harvey
Amy Padula	Nadia Gaber
Anne Sausser	Nicholas Chartres
Annemarie Charlesworth	Maribel Juarez
Cheryl Godwin de Medina	Marya Zlatnick
Courtney Cooper	Max Aung
Cynthia Melgoza Canchola	Rachel Morello-Frosch
Dana Goin	Stephanie Eick
Dimitri Abrahamsson	Susan Lamontagne
Erin DeMicco	Swati Rayasam
Harim Lee	Tali Felson

### Thank you to our funders:

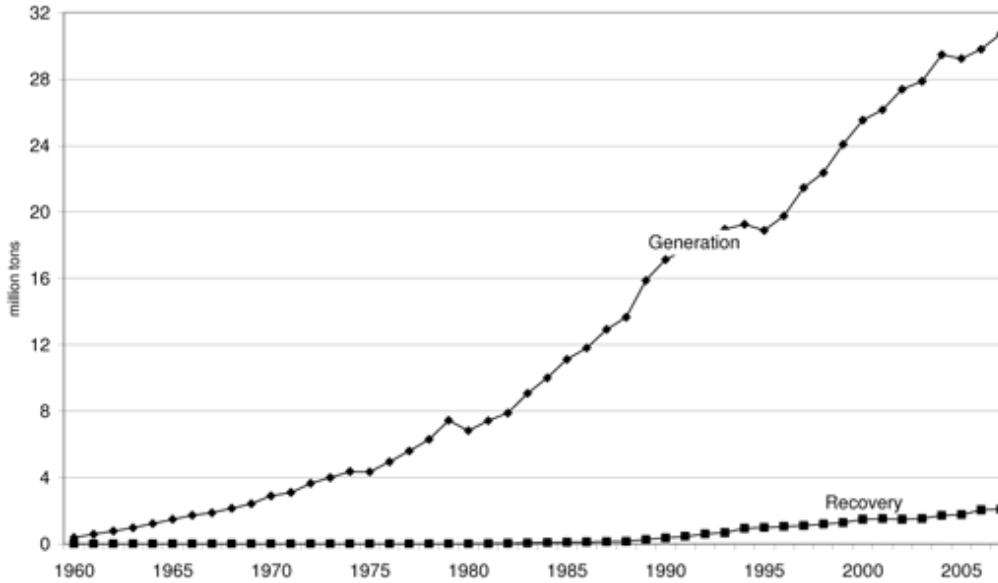
The Tides Foundation  
The Marisla Foundation  
The California Environmental Protection Agency  
The Passport Foundation  
The JPB Foundation  
The National Institutes of Health  
The Clarence E. Heller Charitable Foundation  
National Institute for Environmental Health Sciences

### EaRTH Center

Peggy Reynolds  
Diana Laird  
Susan Fisher  
Jennifer Fung



# Plastics generation and recovery in the US has been increasing since 1960s



# Social Justice Movements (Re)Shape Research Priorities



Getty Images



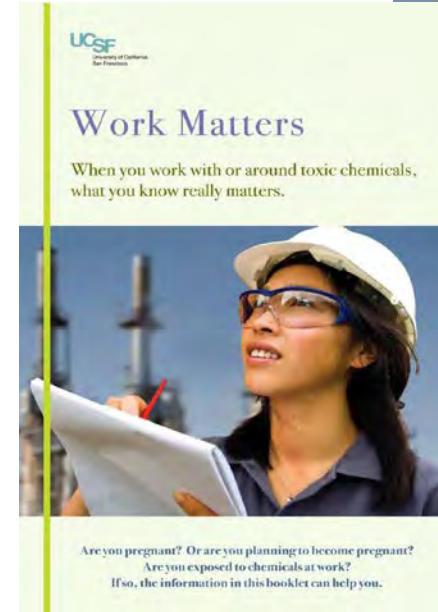
Julia Rendleman/Reuters



# ACOG/ASRM Committee Opinion

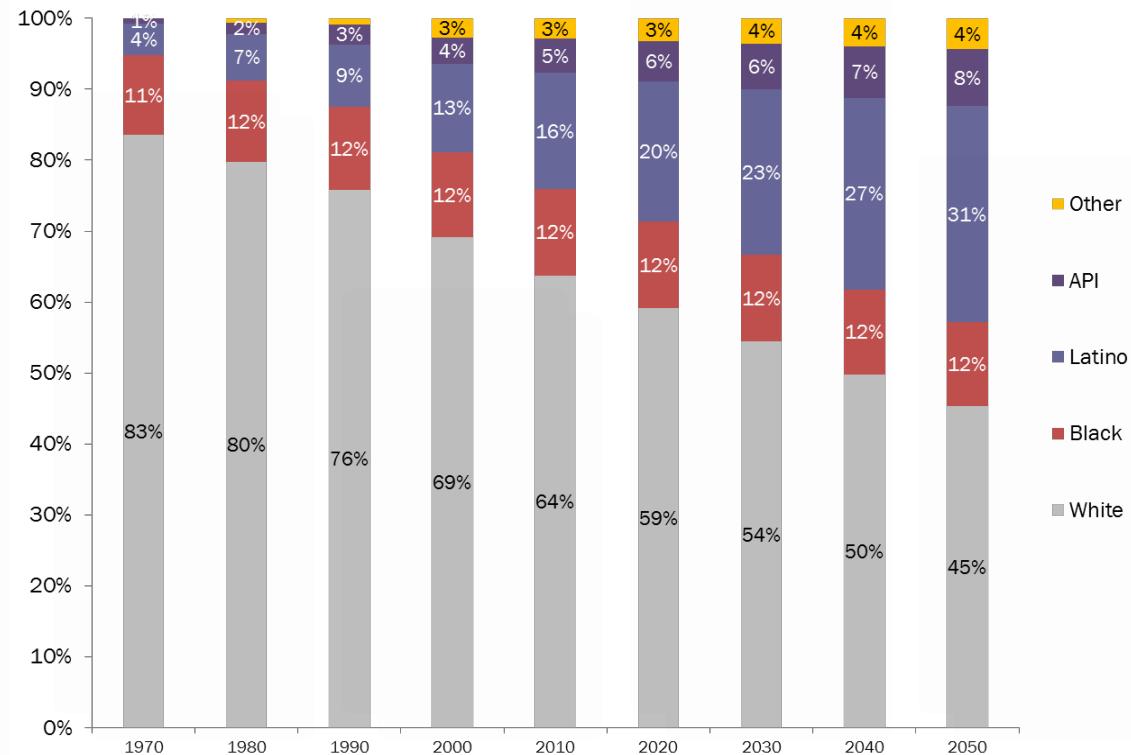
## All exposures are not created equal

- Underserved & minority populations are disproportionately impacted
- Higher risk for occupational exposure

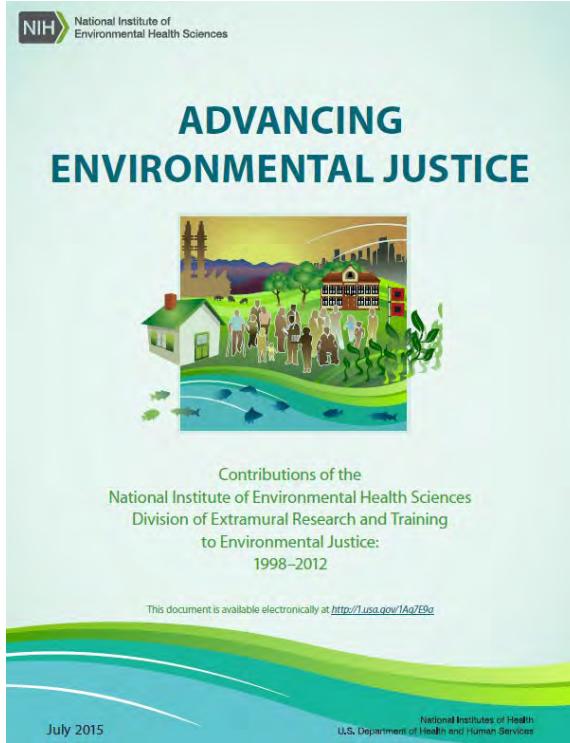


# Changing demographics shapes conversations about environmental health and policy-making...

U.S. Changing Demographics,  
1970-2050



# Funding incentives for community-engaged



...change how scientists theorize and study environmental links to disease



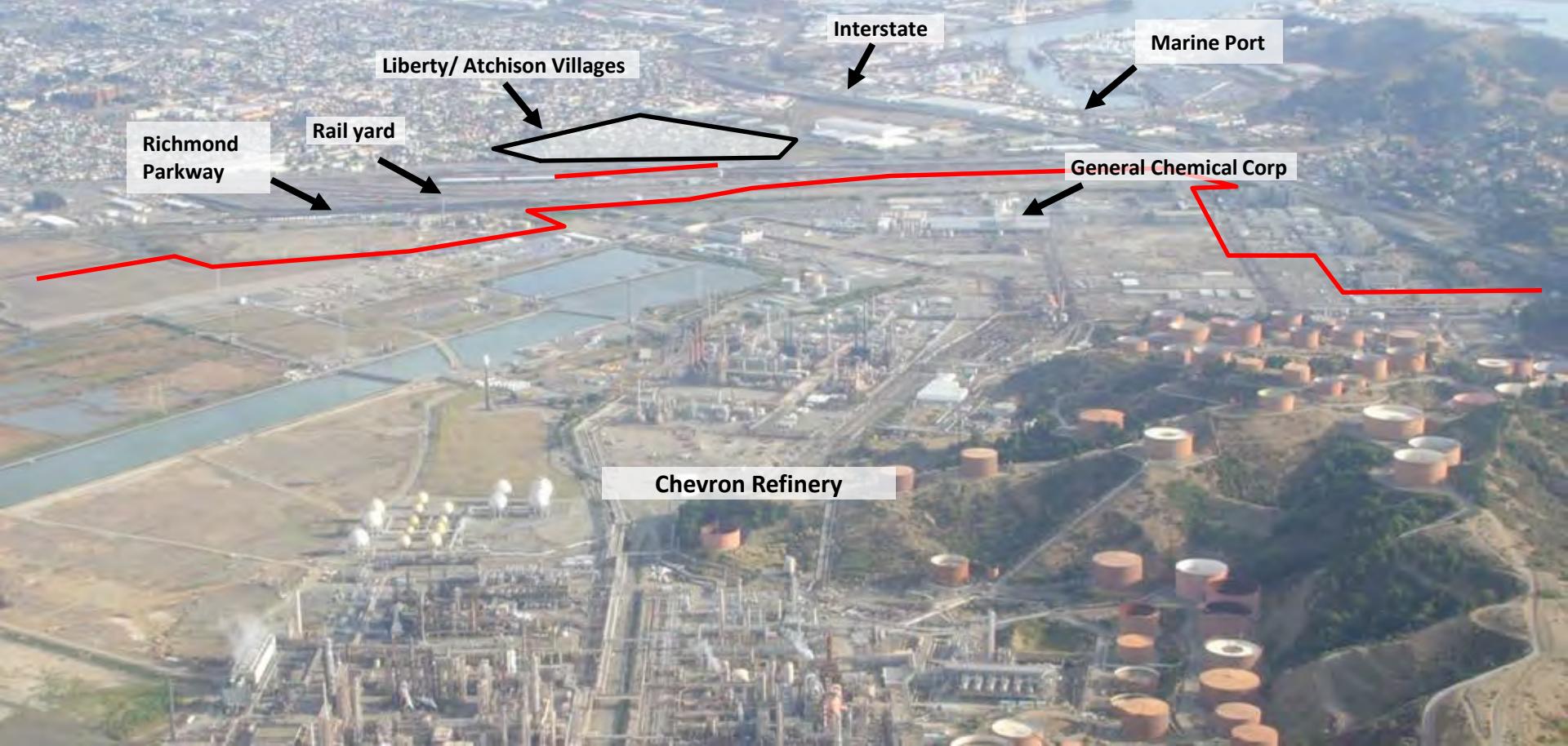
Scientists pushed by community research partners and EJ advocates to address cumulative impacts

Consider structural drivers of environmental degradation & links to health disparities:

- ***Multiple hazards*** where communities live, work, and play
  - e.g., chemical mixtures
- ***Vulnerability*** due to chronic social stressors
  - poverty, malnutrition, racism, discrimination, chronic health problems



# Environmental Inequality and Cumulative Impacts in Richmond, CA



# Methodological challenges to answering environmental justice questions:

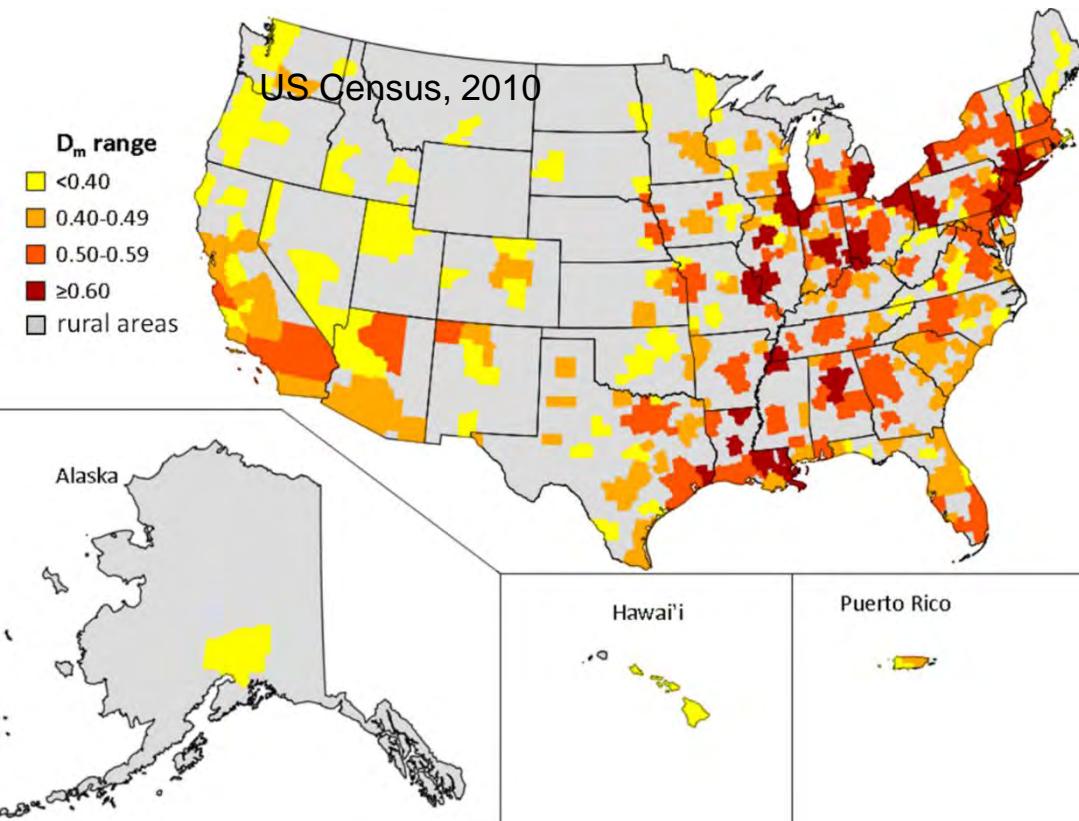
- Lack of statistical power in some cohort studies
- Limited geographic scope of many cohorts
- Time & resources required for data collection and analysis
- Short-term needs for “data judo” to inform decision-making
  - Large administrative data sets conducive to answering questions about structural determinants  
(e.g., redlining, racial residential segregation, income inequality)
  - Cohort data can elucidate contributions of environmental and social stressors of relevance to health inequities at the individual level  
(e.g., perceived stress, biomarkers, neighborhoods)

EJ analysis requires both approaches



# Racial Segregation in US Cities:

Multi-group Dissimilarity ( $D_m$ ) by Metropolitan Area in the United States



# Most chemicals NOT effectively regulated

Food, drugs, pesticides



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Everything else:  
**Toxic Substances Control Act (TSCA)**

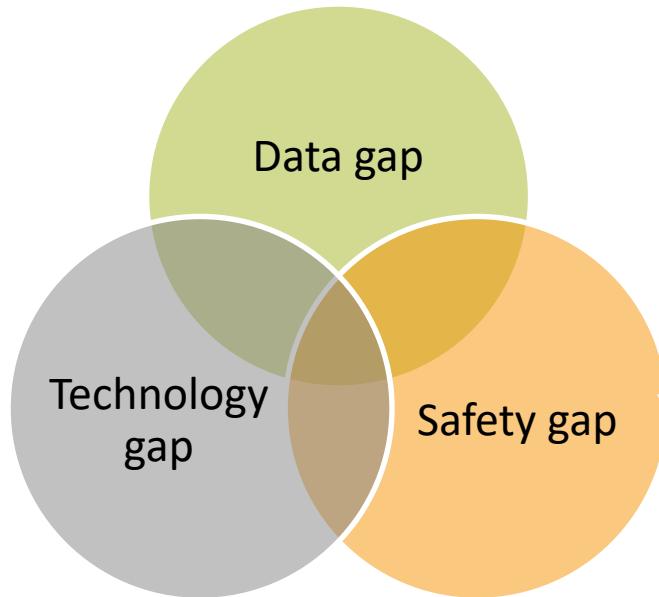


Since 1976, under TSCA EPA has been able to partially regulate:

- a) No chemicals
- b) 5 chemicals
- c) 500 chemicals
- d) 5,000 chemicals



# 1976 TSCA very weak



- 20,000 new chemicals introduced
- 85% no health hazard data
- No deadlines for EPA review or action on chemicals
- Asbestos not able to be banned

