

FOR FURTHER INFORMATION, THE SCHEDULE, AND TO REGISTER ONLINE:

[osherminimed.ucsf.edu](http://osherminimed.ucsf.edu)

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UCSFOsherMiniMedSchool OsherMiniMed



All courses VIRTUAL for Spring 2023

## Cutting Edge Advances from UCSF Graduate Students: Solving the Mysteries of Science



Tuesday evenings  
May 2 – June 6

7:00 - 8:30 pm

Live Streamed

**COURSE CHAIRS**

**Nicquet Blake, PhD**

Vice Provost, Student Academic Affairs  
Dean, Graduate Division, UCSF

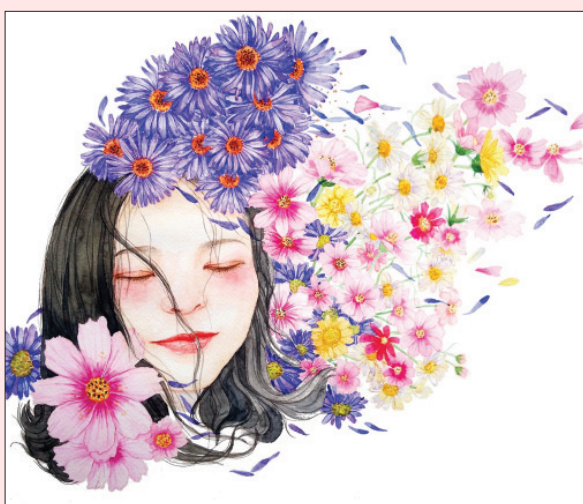
**David Morgan, PhD**

Vice Dean of Research  
Professor, Department of Physiology

Have you ever been curious about the work carried out by graduate students while pursuing their PhD? Attend these presentations and hear firsthand accounts of the groundbreaking research being conducted by some of the highly skilled and intelligent minds in the nation, in fields such as biomedical and social sciences. Each talk will expand your knowledge on the contribution of these students towards enhancing human health and the frameworks involved in the practice of healthcare.

- 5/2: **Evaluating Differences in Health Care** – Jaysón Davidson, PhD  
Pharmaceutical Sciences and Pharmacogenomics Program • Atul Butte, MD, PhD, faculty mentor
- 5/9: **Computational Precision Health: Transforming Personal and Public Health through Computation**  
Ida Sim, MD, PhD, FACMI, UCSF Director, UCSF UC Berkeley Joint Program in Computational Precision Health • Director, Digital Health, Division of General Internal Medicine
- 5/16: **Global Health Interventions to Prevent Infectious Diseases**  
Canice Christian, PhD Candidate  
Global Health Sciences Program • Gabriel Chamie, MD, faculty mentor
- 5/23: **Learning Without a Brain** – Deepa Rajan, PhD Candidate  
Tetrad Program • Wallace Marshall, PhD, and Adam Frost, MD, PhD, faculty mentors
- 5/30: **Beta Adrenergic Receptors and their Role in Heart Function**  
Evelyn Hernandez, PhD Candidate • Tetrad Program – Roshanak Irannejad, PhD, faculty mentor
- 6/6: **Making the Invisible Visible: Societal Influences on Health and Health Care** – Kristen Harknett, PhD • Professor, Department of Social and Behavioral Sciences

## Holistic Approaches to Mental Health and Healing



Wednesday evenings  
May 3 – June 7

7:00 - 8:30 pm

Live Streamed

**COURSE CHAIR**

**Jen Matthews, MD**

Associate Professor of Pediatrics  
Pediatric Integrative Medicine Director  
UCSF Benioff Children's Hospital Oakland

This course will allow the learner to engage with integrative theories and models of mental health care that are housed in wellness, resilience, community, and equity. Participants will learn to identify and connect how mental health and wellness starts with structural (economic/political/systemic) and community level interventions as well as individual supports. The course will help learners to understand models of care that provide integrative, holistic mental health care through a lens of health equity and apply the principles of holistic mental health and wellness in participants' lives or community efforts.

- 5/3: **Everything, Everywhere, All at Once: Integrative Approaches to Working with Teens with Anxiety, Depression, and Chronic Pain**  
Panelists: Lisa Wild, MFT, UCSF Benioff Children's Hospital Oakland, School Based Mental Health • Cristina Benki, PhD, UCSF Benioff Children's Hospital, San Francisco, Pediatric Pain Psychologist
- 5/10: **Growing Health from the Soil Up: The Links between Earth, Farms, Food, and Wellbeing** – Dr. Daphne Miller, Leadership Faculty • Family Medicine Residency Program, LifeLong William Jenkins Health Center
- 5/17: **Eastern View of the Mind: Comparing Traditional Chinese Medicine & Ayurveda Philosophy** – Dr. Anisha Durve, DOM, LAc Osher Center at University of Miami
- 5/24: **Researching Psilocybin Therapy: Current Challenges and Future Prospects** – Dr. Josh Woolley, MD/PhD; UCSF, Director of the Translational Psychedelic Research (TrPR) Program at UCSF
- 5/31: **Room to Breathe: Therapeutic Yoga to Address Trauma**  
Chanda Williams, MA, UCSF Osher Center
- 6/7: **Acupuncture and Its Use for Mental Health, Expanding Our Consciousness, and Leading us to a Path of Healing**  
Dr. Mitch Elkiss, DO – Helm's Medical Institute

live stream UCSF Osher Mini Medical School  
PRE-REGISTER NOW AT [osherminimed.ucsf.edu](http://osherminimed.ucsf.edu)

REGISTRATION FORM

Name: (Dr • Mr • Ms • Mrs • Mx) \_\_\_\_\_

Street address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Do you want to be on our priority email list?  YES  NO

Select course by checking box(es):

**Tuesday evenings, May 3 – June 7**  
**MLL23027 – Cutting Edge Advances from UCSF Graduate Students: Solving The Mysteries of Science**  
7:00 - 8:30 pm

**Wednesday evenings, May 4 – June 8**  
**MLL23028 – Holistic Approaches to Mental Health and Healing**  
7:00 - 8:30 pm

To register for individual sessions, please list date/s you will be attending:

Session Date/s: \_\_\_\_\_

Please charge my:  Visa  MasterCard  American Express

No. \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Exp. Date \_\_\_\_\_ Authorized Signature \_\_\_\_\_

**COURSE FEES**

ONE Course \$ 75  
TWO Courses \$120

**SESSION FEES**

ONE Session \$15  
STUDENT FREE with valid ID

Amount to be charged \$ \_\_\_\_\_

THREE EASY WAYS TO REGISTER:

Online: Register at [osherminimed.ucsf.edu](http://osherminimed.ucsf.edu)

Phone: Call (415) 476-5808. Please have your Visa, MasterCard or Amex ready.

Mail: Send the registration form and your check payable to "UC Regents" to:  
University of California, San Francisco  
Office of CME, Box 0742  
490 Illinois Street, Floor 8  
San Francisco, CA 94143

Please note we can no longer accept enrollment by FAX.



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UCSF Osher Center for Integrative Medicine  
Virtual Mini Medical School for the Public

**DIRECTOR**

**Robert B. Baron, MD, MS**  
Director, UCSF Osher Mini Medical  
School for the Public  
Professor of Medicine

**PLANNING COMMITTEE**

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Professor of Family and Community Medicine

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Osher Foundation Endowed Chair in Education in Integrative Medicine  
Professor of Medicine

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UCSF School of Medicine

**Jeffrey A. Tabas, MD**  
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Director of Outcomes and Innovations  
Office of Continuing Medical Education  
UCSF School of Medicine

**COURSE MANAGER**

**Dawn N. Bohlmann**  
Senior Conference Manager  
Office of Continuing Medical Education  
UCSF School of Medicine



SPRING 2023  
COURSE CATALOG



UCSF Osher **Center for Integrative Medicine**

# Mini Medical School for the Public



Tuesday evenings, May 2 – June 6 (7:00 pm - 8:30 pm)

**Cutting Edge Advances from UCSF Graduate Students:  
Solving the Mysteries of Science**

Wednesday evenings, May 3 – June 7 (7:00 pm - 8:30 pm)

**Holistic Approaches to Mental Health and Healing**

UCSF

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