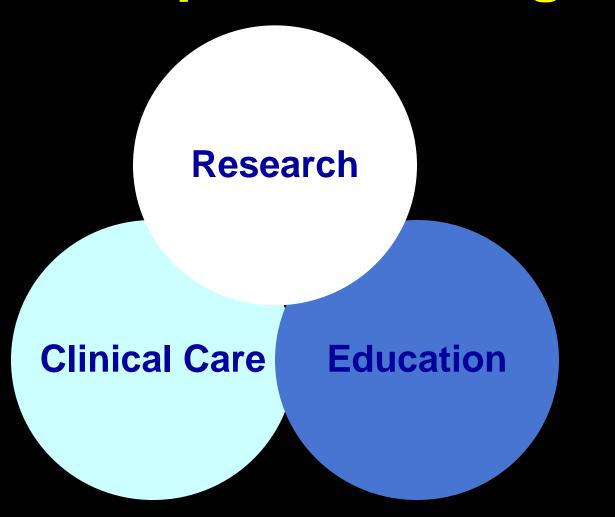


Precision Spine Imaging: What the Future Holds

Vinil Shah, MD
Department of Radiology
UCSF

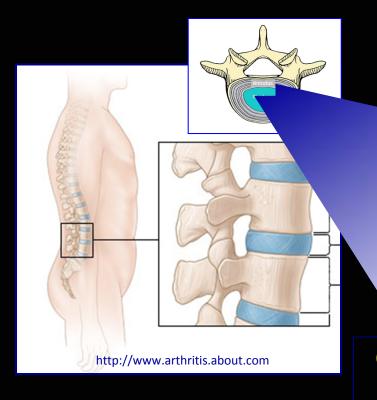
UCSF Spine Radiologist



Research Opportunities

- Imaging biomarkers for spinal pain
 - Disk related pain
 - Facet joint mediated pain
- Outcomes-based research
- Image-guided molecularly selective pain therapies

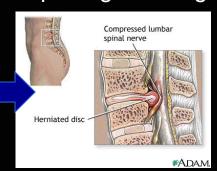
Imaging Biomarkers of Disc Disease



Early Stage:
Changes



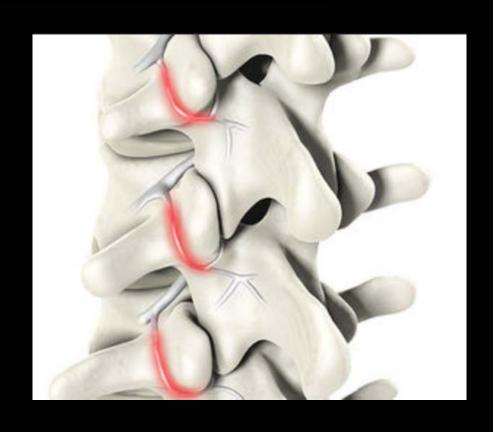
Late Stage:
Morphologic Changes

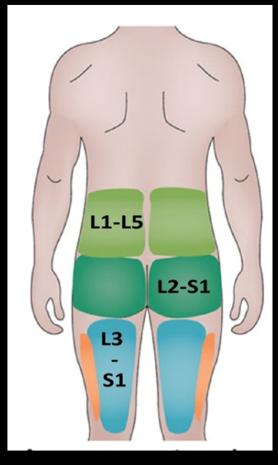


Clinical MRI cannot assess early biochemical changes

UCSF Researchers are studying novel imaging methods to detect early changes in discs

Imaging Biomarkers of Facet Pain





http://www.back-in-action.net

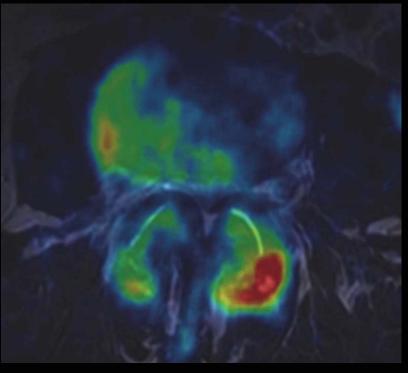
UCSF Radiology PET-MRI



¹⁸F-NaF PET-MRI for identifying pain generator

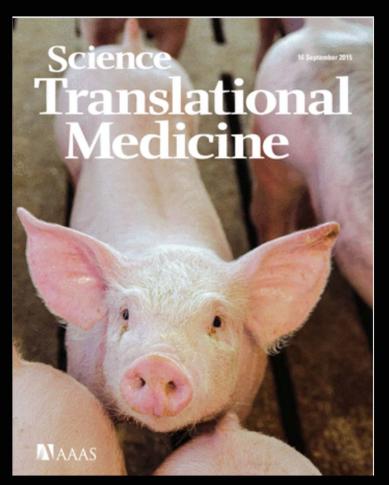
PET-MRI

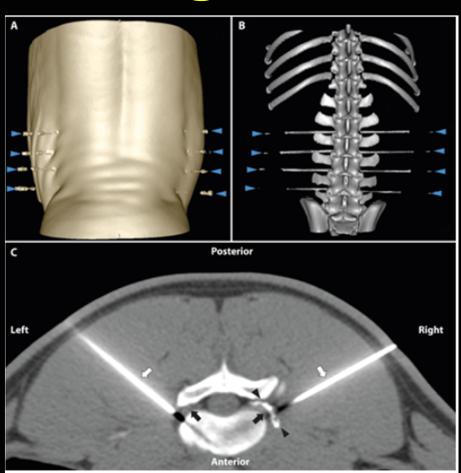




Talbott, et al. AJNR In Press

Pain Free Pigs





Brown J.D., et al. Science Translational Medicine. 2015

Next Steps

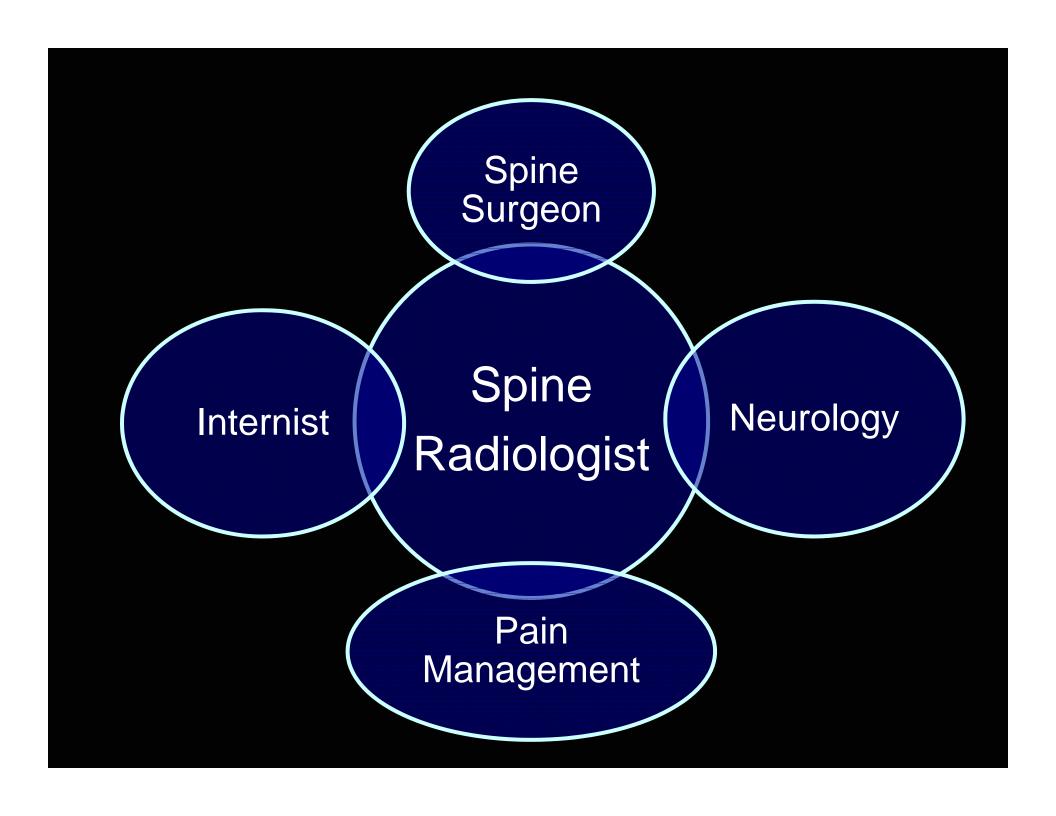
- Biochemical imaging measures have been shown to correlate with conventional MR measures of disc & facet disease
- Additional work—particularly longitudinal and prospective studies are needed
- Further studies assessing role of novel pain agents in treating chronic pain







MUSCULO-SKELETAL AND QUANTITATIVE IMAGING RESEARCH (MQIR)



Resources for Patients

Precision Spine and Peripheral Nerve Center

185 Berry Street, Suite 180, Lobby 6

San Francisco CA 94107

Ph: (415) 353-3717

Email: spineimaging@ucsf.edu

Website: www.UCSFSpinelmaging.com

https://radiology.ucsf.edu

https://radiology.ucsf.edu/patientcare/services/ct-spine