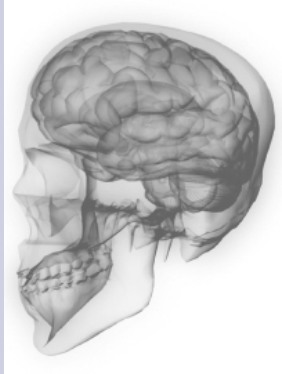


UCSF Osher Center for Integrative Medicine presents Mini Medical School for the Public

SCIENCE OF THE MIND: HOW THE BRAIN WORKS TO REGULATE MOOD, EMOTIONS, AND STRESS



Tuesday evenings, February 28 - April 3
7:00 to 8:45 p.m., 513 Parnassus Avenue

Scientific understanding of the brain is increasing at a dramatic rate but how can we use this information to improve our psychological wellness? This course features outstanding speakers and researchers in the field of mental health and psychiatry. We will discuss how to reduce stress, improve mood, and decrease the risk of mental illness. Come gain insight into the biological basis of the brain and behavior and how recent scientific discoveries can help us to take better care of ourselves and our minds.

COURSE CHAIR:
Descartes Li, MD
Professor Psychiatry; Director of UCSF Bipolar Disorder Program

February 28

Alternative Treatments for Depression: Do They Work?

Descartes Li, MD
Professor Psychiatry; Director, UCSF Bipolar Disorder Program

March 6

It's Not All in Your Head: Depression, Health, and Cellular Changes

Owen Wolkowitz, MD
Professor of Psychiatry; Director of the Psychopharmacology Assessment Clinic

March 13

Psychotherapy is Not What We Think: An Unfolding Dialogue Between Art and Science

Victoria Lemle Beckner, PhD
Assistant Clinical Professor, Department of Psychiatry

March 20

Motivation to Pursue Dreams and Hopes: Understanding the Brain's Reward System

Sheri L. Johnson, PhD
Professor, Department of Psychology, University of California Berkeley

March 27

Applying Mindfulness-Based Cognitive Therapy to Treatment: The Practicing Alternatives to Heal Depression Study

Stuart J. Eisendrath, MD
Professor of Clinical Psychiatry; Director, The UCSF Depression Center

April 3

Anxiety: Sport Suspension on Life's Bumpy Road

Tracy Foose, MD
Health Sciences Assistant Clinical Professor, UCSF School of Medicine, Department of Psychiatry

NEXT: UCSF SCIENTISTS OUTLINE WHAT'S TO COME



Wednesday evenings, February 29 - April 4
7:00 to 8:45 p.m., 513 Parnassus Avenue

UCSF has a long history of pioneering biomedical research and a bold vision for advancing health worldwide. But what does that really mean in the near future and beyond? Hailing from a wide spectrum of disciplines, six UCSF scientists invite you inside their work to learn what the next decade may bring to the world of medicine. Will neurologists someday 'print' information directly into the brain? And will regular eye exams enable detection of diseases such as Alzheimer's? Direct from those who live and breathe it every day, find out what's NEXT in science!

SPECIAL HIGHLIGHT:

This session will also feature 1997 Nobel laureate Stanley B. Prusiner speaking about prions—a new biological principle of infection that he discovered at UCSF—and their implications for Alzheimer's and Parkinson's diseases.

COURSE CHAIR:

Jeffrey A. Tabas, MD, FACEP, FAAEM
Professor of Emergency Medicine; Director, Outcomes and Innovations, Office of CME

February 29

The Genetics of Organic Development: A Blueprint for Regenerative Medicine

Ophir Klein, MD, PhD
Associate Professor and Director, UCSF Program in Craniofacial and Mesenchymal Biology

March 7

Rethinking Prostate Cancer: Recognizing the Spectrum of Disease

Matthew R. Cooperberg, MD, MPH
Assistant Professor, Department of Urology

March 14

Why We are Always Learning to Move: The Science and Engineering of Adaptive Brains

Philip N. Sabes, PhD
Associate Professor of Physiology

March 21

Nano-engineered Devices for Drug Delivery

Tajal Desai, PhD
Professor, Department of Bioengineering and Therapeutic Sciences

March 28

Discovering Ways to Cure and Even Prevent Alzheimer's and Parkinson's Diseases

Stanley B. Prusiner, MD
Professor of Neurology; Director, Institute for Neurodegenerative Diseases, University of California, San Francisco

April 4

Building a Bridge to Nerve Repair

Hubert T. Kim, MD, PhD
Assistant Professor in Residence, Cartilage Repair and Regeneration Center

GETTING UNDER YOUR SKIN: THE SCIENCE AND ART OF DERMATOLOGY



Thursday evenings, March 1 - April 5
7:00 to 8:45 p.m., 513 Parnassus Avenue

The skin is the largest organ in the human body, and one of the most complex. With such a wide array of functions such as protection, sensation, and excretion, and an integral repair system, our skin can also manifest an equally complicated variety of symptoms and signs from the inconsequential to the life-threatening. This course will feature top scientists and clinicians from pediatric, medical, and surgical dermatology. We will explore common skin problems, aesthetics, cancers, cutting-edge advances, and even explore skin diseases seen in antiquity.

COURSE CHAIR:
Kieron Leslie, MD
Associate Professor of Clinical Dermatology

March 1

Acne: Facts, Myths, and Controversies

Kanade Shinkai, MD, PhD
Assistant Professor of Clinical Dermatology

March 8

Topics in Pediatric Dermatology

Kelly M. Cordoro, MD
Assistant Professor of Clinical Dermatology and Pediatrics

March 15

Old and New: From Ancient Egypt to the 21st Century: A Dermatologist's Perspective

Kieron Leslie, MD
Associate Professor of Clinical Dermatology

March 22

We Are Itching to Tell You About "Pruritus"

Timothy G. Berger, MD
Clinical Professor of Dermatology; Chief, Dermatology Clinic; Director, Residency Program, Department of Dermatology

Martin Steinhoff, MD, PhD
Professor of Dermatology and Surgery

March 29

Melanoma and Nonmelanoma Skin Cancer

Erin Huiras Amerson, MD
Assistant Clinical Professor of Dermatology

April 5

Skin Health and Beauty: The Science and Art of Aesthetic Dermatology

Siegrid S. Yu, MD
Assistant Professor, UCSF Dermatologic Surgery & Laser Center; Director, Procedural Dermatology Fellowship

REGISTER ONLINE:

www.minimedicalschool.ucsf.edu

REGISTRATION FORM

Name: (Dr • Mr • Ms • Mrs) _____

Street address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Month & day of birth: ____/____

Do you want to be on our priority email list? YES NO

Select course by checking box(es):

Tuesday evenings, February 28 - April 3

MLL12011 SCIENCE OF THE MIND

Wednesday evenings, February 29 - April 4

MLL12012 NEXT

Thursday evenings, March 1 - April 5

MLL12013 DERMATOLOGY

Please charge my Visa MasterCard American Express

No. _____ / _____ / _____

Exp. Date _____ Authorized Signature _____

FOUR EASY WAYS TO REGISTER:

Online: Register at minimedicalschool.ucsf.edu

Phone: Call 415/476-5808. Please have your Visa, MasterCard or Amex ready.

Fax: Send completed form to 415/502-1795. Include your credit card number and expiration date.

Mail: Send the registration form and your check payable to "UC Regents" to UCSF, P.O. Box 45368, San Francisco, CA 94145-0368.

For information, call 415/476-4251.

COURSE FEES	
ONE Course	\$75
TWO Courses	\$130
THREE Courses	\$185

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Mini Medical School for the Public
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San Francisco, CA
94143-0742

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San Francisco
advancing health worldwide™

Mini Medical School for the Public

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Director, Mini Medical School for the Public; Professor
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Continuing Medical Education

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www.minimedicalschool.ucsf.edu

WINTER 2012
COURSE CATALOG

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